





'Thoughts become things' when you leave the realm of average thinking and follow your dreams by applying the right decision, driven by your mind. Fitness is a 'state of mind', which needs constant trigger to put ones thought into action.

Every action needs a reason for accomplishing it. Staying fit manifests in the physicality and inner well-being which everyone aspires. Every time you make a resolve and step-up your fitness goals, life gets the better of you and positive thoughts lead to positive outcomes.

VIVA Fitness is an accomplished brand in the world of fitness equipment, designed both for commercial and home use. It thrives on the belief that with the right set of tools, a fitter person is better off in accomplishing his personal and professional goals.

























## T-1919 Commercial Treadmill

- · AC driving system provides higher torgue of power for heavy loading
- 3.5 HP AC continuous (7.0 HP Peak) motor
- 23.6" x 63" running surface
- Speed 1~22 kmph
- Precise incline control from 0~15%
- Clear & luxurious design, 6 window LED display showing time, speed, incline, calories, distance, program & heart rate
- Various motivating programs for different workout requirements
- 6 PCS rubber cushion for excellent shock absorption that provideds suitable push off to reduce the possibility of most of injury to knees and joints
- Heavy duty 2.5mm reliable orthopedic running belt
- MP3 connected with speakers, blue tooth music and Fit show App
- Sweat proof console design
- Two cup / bottle holders
- Maximum User Weight:180 kgs
- LXWXH: 201X92X159 CM.







## Light Commercial Treadmill



#### Specifications

- AC driving system with adjustable variable frenquency.
- 3.0HP AC continuous (6.0HP Peak) external roto motor with high hear performance.
- 22.44" x 59" running surface.
- Speed:1-20km/h.
- Precise incline control from 0-15%.
- 5 LED+dot matrix display showing time, incline, speed, calorie, distance, heart rate and step.
- Medical grade silicon keys with direct speed (3/6/9) & incline(4/8/12) on the console.
- Various motivating programs for different workout requirements: 4HRC, 18 preset, 1 manual, 1 fit test.
- Sweat proof console design.
- · Large sized, twin cup holder with a built in tray to hold your mobile phone & tablet PC.
- Emergency stop button.
- Extra heavy duty running board supporting structure.
- Durable Japanese bearing used in roller.
- Max user weight: 150 kg.
- LXWXH: 197×93×145 cm.

# T-940



- · For light commercial and high end home use.
- 6 HP powerful AC Grade motor (3 HP continuous).
- · Large LCD screen with blue back light.
- 24 preset programs, 1 manual and 3 user's manual.
- Speed: 1 ~ 24 kmph.
- Incline: 0 ~ 20%.
- Running surface: 23 x 60 inches.
- Readout: time, speed, distance, incline, calories and program.
- Mp3 system.
- · Built in speakers.
- 8 piece high class suspension shock absorbing deck that protects the joints from injury and provide a good feeling
- Heavy duty running belt.
- Maximum User Weight: 130 kg.































































### **E200**

### Commercial Elliptical

- Specifications
   LED dot matrix console readouts: TIME, DISTANCE, CALORIES, PULSE, SPEED / RPM, LEVEL, WATT, FAN etc.
  - Various motivating programs for different workout requirements.
  - Level Control: 24 resistance levels.
  - Dual Technology resistance with both magnetic and air.
  - 520mm x 240mm unique stride length.
  - 8 kgs flywheel.
  - Both forward & reverse motions offer various workout options.
  - Hand held pulse sensors enable to monitor the heart rate all times.
  - · With ipad holder & bottle cage.
  - · Unique durable floor levelers on front & rear stabilizer.
  - Transport wheels on the front stabilizer, providing easy movement to move the items.
  - · With adaptor power system.
  - Maximum user weight: 150 kg.
  - LXWXH: 162X65X180 CM.



## **KH-740**

### Elliptical Cum Recumbent Bike

- 10 kgs / 2 ways Magnetic fly wheel system.
- 20" long stride length.
- 32 levels auto Tension system.
- 7" Large LCD display for speed, time, distance, calories and pulse.
- · Various motivating programs for different workout.
- With phone / tablet stand.
- · Comfortable cushioned pedals.
- · Handle bar with hand pulse.
- Assembled size:1570\*950\*1280MM.
- Max. User Weight 125 Kgs.



### Light Commercial Elliptical

- Front Drive with long handle arms enabling smooth and engaging exercise regardless your fitness level
   With 3 level manual incline
   20" Long stride length for different user heights

- Auto scan advanced computer with blue back-lit screen Display Readouts : time, distance, RPM, speed, level, calories pulse & watts
- Magnetic brake with V-belt drive system With 7 kg flywheel
- With 3 pcs hidden crank system 16 levels tension control system
- Multiple programs, including 1 manual, 2 HRC, 1 body fat & 2 user set
- Hand held pulse sensor With adapter power system
- Transport wheels
- Adjustable floor levellers
- Maximum user weight : 130kgs
- LXWXH: 173X66X170 CM



### **KH-580** Light Commercial Elliptical

- 18" long stride.Adjustable swing bar.
- · LCD display readouts : Time, Distance, RPM,
- Speed, Calories, Pulse and Watts.
- Multiple programs including 1 Manual, 4 HRC, 3 Goal and 5 Users.
   Handheld pulse sensor.
- 30 cm fly wheel.
- Motor magnetic 24 level resistance.
- Transport wheels.Adjustable floor levelers.
- With adaptor power system.
   Maximum User Weight: 130 Kgs.



### KH-610

### Light Commercial Elliptical

- 20" long stride.
- 3 section manual incline.
- Blue backlight LCD display.
- · Readouts: Time, speed, distance, calories, pulse, watt, program, bodyfat (height/weight/age) and level.
- Multiple programs including 1 Manual, 4 HRC, 1 Watt,
- 11 preset, 4 Users and 3 Fitness test.
- Handheld pulse sensor.
- · Magnetic flywheel.
- · With adapter power system.
- Resistance level 24.
- Transport wheels.
- · Adjustable floor levelers.
- Maximum User Weight: 130kgs.
- LXWXH: 176X68X179 CM



### **KH-690**

### Light Commercial Elliptical

#### Specifications

#### Drive

- . Pull Motor System with poly V-belt.
- Resistance system: New Technology silent programmable magnetic resistance system.
- Resistance level: 32 levels.

#### With adaptor power system.

- Monitor Advance LCD display.
- Display readouts: Time, Distance, Speed, Level, Calories, Pulse & Watts.
- 10 programs.

#### **Special Features**

- With 4 level manual incline.
   Adjustable stride for ultimate workout.
- . Both forward and reverse motions offer various workout options.
- · Heavy -gauge, epoxy hybrid, steel frame. Low impact workout.
   Long stride & 9 kg of rotating flywheel ensures smooth & dynamic elliptical movement.
- Comfy over-sized, non-slip pedals. Handheld pulse sensors.
- Dual action handle bars with high density foam grips.
- Accessory tray & built-in reading rack.



### Light Commercial Elliptical

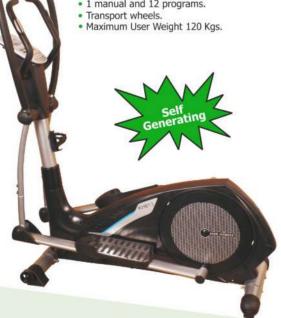
- 20" long stride length with 2 levels of adjustment.
- Adjustable swing bar.
   Display readouts : Time, Distance, RPM, Speed, Calories, Pulse, Body Ratio, BMI, BMR and Temperature.
- · Various motivating programs for different workout requirements.
- Handheld pulse sensor.
- 10kgs flywheel.15 level Magnetic resistence system.
- Transport wheels.
- Adjustable floor levelers.



### **KH-813** Programable Magnetic Elliptical

#### Specifications

- · Ergometer Magnetic Elliptical.
- 8 Kgs flywheel with outer magnetic system.
- 3 pcs crank for smooth functioning.
- Three level stride adjustment with pedals.
  Digital coloured screen showing time, rpm, speed, distance, calories, pulse, recovery and body fat.
- Digital Tension Control System.
- 1 manual and 12 programs.



### KH-960

#### Light Commercial Elliptical

#### Specifications

- · 20" long stride length with 2 levels of adjustment.
- · Adjustable swing bar.
- Display readouts: Time, Distance, RPM, Speed, Calories, Pulse, Body ratio, BMI, BMR and Temprature.
- · Handheld pulse sensor.
- 10 kgs fly wheel.Magnetic 8 level manual tension control system.
- Transport wheels.
- · Adjustable floor levelers.



### KH-753

### Programable Magnetic Elliptical

- · 8 Kg magnetic wheel with two way system.
- 16 level digital resistence system.
- · Computer display for speed, time, distance, temperature pulse & calories.
- · With hand pulse.
- Smooth & silent belt transmission.
- With wheels for easy movement.
- Max User Weight: 120 Kgs.



### KH-653 Magnetic Elliptical

#### Specifications

- 8 Kg magnetic wheel with two way system
- 15 level manual Tension Control System
- · Computer display for speed, time, distance, temperature, pulse & calories
- · With hand pulse
- · Smooth & silent belt transmission
- · With wheels for easy movement.



# KH-736 Magnetic Elliptical

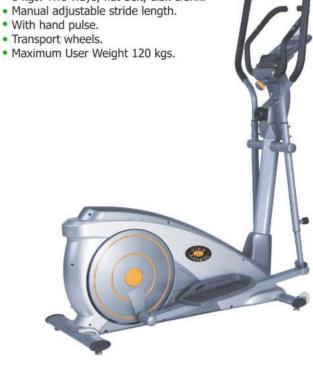
#### Specifications

- · Assembled with "universal Pivot Joint" for crank axle.
- · Computer display for time, speed, distance, pulse, cal, rpm, scan, pulse recovery.

• 15 level manual tension control.

• 8 kgs. Two ways, flat belt, disk crank. · Manual adjustable stride length. · With hand pulse.

· Transport wheels.



### **KH-265** Magnetic Elliptical

#### Specifications

- Assembled with 'Universal Pivot Joint' for crank axle.
- · Computer display for speed, time, distance & calories.
- 3 racing games integrated in the computer display.
- · G1 to G4 training modes available.
- Adjusting caps for uneven floor.



### **KH-735** Magnetic Elliptical

- · Assembled with 'Universal Pivot Joint' for crank axle.
- · Computer display for speed, time, distance and calories.
- 8 level Tension Control System.
- · 3 racing games integrated in the computer display.
- G1 to G4 training modes available.
- · With wheels for easy movement.
- · Adjusting caps for uneven floor.
- · TUV / GS approved.
- With hand pulse and body fat.
- Maximum User Weight 110 Kgs.



### Magnetic Elliptical

### Specifications

- · Assembled with 'Universal Pivot Joint' for crank axle.
- · Automatically adjust the tolerance of disk running.
- · Computer display for speed, time, distance, calories and room temperature.
- . 6 Kg fly wheel with inner magnetic system.
- · 8 level Tension Control System.
- · With wheels for easy movement.
- · Adjusting caps for uneven floor.
- · TUV / GS approved.
- · With hand pulse and body fat.
- · Maximum User Weight 100 Kgs.



## **KH-66**

### Magnetic Elliptical

### Specifications

- · Assembled with 'Universal Pivot Joint' for crank axle
- Large LCD display for speed, time, distance & calories
- 8 level Tension Control System
- Belt driven with magnetic resistence system



### **KH-65** Magnetic Elliptical

#### Specifications

· Assembled with 'Universal Pivot Joint' for crank axle

KH-70201

Magnetic Elliptical

- · Large LCD display for speed, time, distance & calories
- · 8 level Tension Control System
- · With 4 kg flywheel
- Belt driven with magnetic resistence system



### Metallic Double Burner

#### Specifications

- · Orbitrek with seat and hand pulse.
- · Luxurious design with steel wheel for. smooth working.
- · Brake system for tension control.
- · Additional handle support in front.
- Can be used as a cycle or cross-trainer.
  Computer display for hand pulse, time, speed, distance and calories.
- · Adjustable handle bars for varying heights.



### KH-235 Metallic Double Burner

### Specifications

- · Orbitrek with seat and hand pulse.
- · Luxurious design with steel wheel for. smooth working.
- · Brake system for tension control.
- 6 Kg fly wheels.
- · Can be used as a cycle or cross-trainer.
- · Computer display for hand pulse, time, speed, distance and calories.
- · Adjustable handle bars for varying heights.



### **KH-200** Double Burner

#### Specifications

- Orbitrek with seat.
- ·Can be used as a cycle or cross-trainer.
- · Computer display for time, speed,
- · Micro adjustable tension control.
- · Adjustable handle bars for varying heights.



### KH-195

### Double Burner

- Specifications
  - Orbitrek with seat. · Can be used as a cycle or cross-trainer.
- · Computer display for time, speed, distance & calories.
- · Micro adjustable tension control.
- · Adjustable handle bars for varying heights.



### Commercial Recumbent Bike

#### Specifications

#### Drive

- . Two stage drive with poly V-belt.
- · Resistance System : Self powered hybrid brake
- Resistance Level : 32 Levels

#### Monitor

- 7 window dot matrix LED display
- Display readouts: Time, Distance, Speed, Level, Calories, Pulse and Watts
- · Various motivating programs for different workout requirements

#### **Special Features**

- The easy-to-operate adjustment bar to move the seat forward and backward
- · Walk-through design to get on / off easily
- · Adjustable resistance levels
- Aluminum upright beam
- · Hidden 3 piece cranks inside crank cover for safety
- Transport wheels
- · With easy moving wheels
- Built-in receiver
- Maximum User Weight: 150 kgs
- LxWxH: 183x68x90 cms



## **KH-820**

### Light Commercial Recumbent Bike

- Auto scan advanced computer with blue BACK-LT LCD screen.
- 12 programs, including 1 manual, 2 HRC, 1 body fat, 2 user set.
- Display showing Pulse, Recovery, Time, RPM/Speed, Distance, K joule or Calories, Watt/Target Heart rate, Fat%, BMI, BMR, Body Type.
- Magnetic brake with V-belt drive system.
- 16 levels tension control system.
- With adapter power system.
- Innovative adjustment end cap, easy to go with uneven floor.
- · Aluminum upright & seat rails.
- PU seat & back rest.
- Easy to adjust seat position.
- · Hand grip pulse sensors.
- Hidden crank(3pcs) safer & neat.
- Transport wheels.
- · Maximum user weight: 130 kg



### Magnetic Recumbent Bike

### Specifications

- 7 Kg Flywheel.
- 16 level Digital System System.

 Computer display for speed, time, distance calories and pulse.

- With wheels for easy movement.
- · Adjusting cap for uneven floor.
- · Deluxe big seats.
- Max. User Weight 125 Kgs.



# KH-652 Magnetic Recumbent Bike

- 7 Kg Flywheel
- 15 level Tension Control System
- · Computer display for speed, time, distance, calories and pulse
- With wheels for easy movement
- Adjusting cap for uneven floor
- Deluxe big seats
- Max. User Weight 125 Kgs



### KH-725 Magnetic Recumbent Bike



# KH-724 Magnetic Recumbent Bike Specifications





# KH-704 Magnetic Recumbent Bike

### Specifications

- 6 Kg fly wheel with inner magnetic system.
- 8 level Tension Control System.
- Computer display for speed, time, distance, calories and pulse.
- · Health Index: Pulse recovery and Body fat analyze.
- · With wheels for easy movement.
- · Adjusting cap for uneven floor.
- TUV / GS approved.
- · Maximum User Weight 100 Kgs.

### KH-703 Magnetic Recumbent Bike

#### Specifications

- 6 Kg fly wheel with inner magnetic system.
- 8 level Tension Control System.
- Computer display for speed, time, distance, calories and pulse.
- Health Index: Pulse recovery and Body fat analyze.
- With wheels for easy movement.
- Adjusting cap for uneven floor.
- TUV / GS approved.
- Maximum User Weight 100 Kgs.



# KH-64 Magnetic Recumbent bike

- Magnetic flywheel system
- 8 level manual Tension Control System
- Large LCD display for speed, time, distance, calories and pulse
- With 4kg flywheel
- · Adjustable handle bar with hand pulse
- Max. User Weight 100 Kgs



### Commercial Upright Bike

### Specifications

- LED display showing Pulse, Recovery, Time, RPM, Sp Watt, Heart Rate and Resistance.
- · With self generator system.
- 12 programs: 4 HRC, 3 goal, 1 recovery and 4 user.
- Magnetic brake with V-belt drive system.
- 16 levels tension control system.
- · With heart rate receiver.
- Hand grips with pulse sensors.
- · Counter balance pedals.
- With bottle holder.
- PU seat with adjustable height.
- · Transport wheels.
- User weight: 140 kg.
- LXWXH: 105X56X152 CM.



### KH-565

### Commercial Upright Bike

### Specifications

#### Drive

- Two stage drive with poly V-belt.
- Resistance System : Self powered
- Resistance Level : 32 Levels

#### Monitor

- 7 window dot matrix LED display
- Display readouts: Time, Distance, Speed, Level, Calories, Pulse and Watts
- Various motivating programs for different workout requirements

#### **Special Features**

- · The easy-to-operate seat for up and down position
- Walk-through design to get on / off easily
- Accessory tray with cup holder
- Adjustable resistance levels
- Aluminum upright beam
- Hidden 3 piece cranks inside crank cover for safety
- Transport wheels
- · With easy moving wheels
- Built-in receiver
- Maximum User Weight: 150 kgs
- LxWxH: 111x56x148 cms



#### Light Commercial Upright Bike

#### Specifications

- Auto scan advanced computer with blue BACK-LT LCD screen.

  12 programs, including 1 manual, 2 HRC, 1 body fat, 2 user set.

  Display showing Pulse, Recovery, Time, RPM/Speed, Distance,

  K joule or Calories, Watt/Target Heart rate, Fat%, BMI, BMR, Body Type.

  Magnetic brake with V-belt drive system.

  16 levels tension control system.

- With adapter power system.

  Innovative adjustment end cap, easy to go with uneven floor.
- Aluminum upright beam.
- Hand grip pulse sensors. Counter balance pedals.



# KH-651 Magnetic Bike

#### Specifications

- 7 Kg Flywheel
- 15 level Tension Control System
- · Computer display for speed, time, distance calories and pulse
- · With wheels for easy movement
- Adjusting cap for uneven floor
- Deluxe big seats
- Max. User Weight 125 Kgs



## KH-75 1 Magnetic Bike

#### Specifications

- 7 Kg Flywheel.
- 16 level Digital Resistance System.
- · Computer display for speed, time, distance calories and pulse.
- With wheels for easy movement.
- Adjusting cap for uneven floor.
- Deluxe big seats.
- Max. User Weight 125 Kgs.



### KH-190 Magnetic Bike

- 8 Kg fly wheel with inner magnetic system.
- · 1 manual and 3 programs.
- · 8 level Tension Control System.
- · Computer display for speed, time, distance, calories, recovery and body fat.
- With hand pulse.
- With wheels for easy movement.
- · Adjustable seat height for different users.
- · Adjusting caps for uneven floor.
- . TUV / GS Approved.
- · 3 pcs. Crank / Axle System.
- · Maximum User Weight 120 Kgs.



### KH-795 Magnetic Bike

#### Specifications

- 6 Kg fly wheel with magnetic system.
- 8 level Tension Control System.
- · Computer display for speed, time, distance & calories.
- · With hand pulse.
- · With wheels for easy movement.
- Adjustable seat height for different users.



### KH-715 Magnetic Bike

#### Specifications

- . 6 Kg fly wheel with magnetic system.
- · 8 level Tension Control System.
- · Computer display for speed, time, distance, pulse, RPM, temperature & calories.
- · 3 pcs advance crank system
- With hand pulse.
- · With wheels for easy movement.
- · Adjustable seat height for different users.
- · Adjusting caps for uneven floor.
- TUV / GS Approved.
- · Maximum User Weight 110 Kgs.



### KH-63 Magnetic Bike

#### Specifications

- Magnetic flywheel system
- 8 level manual Tension Control System
- Large LCD display for speed, time, distance, calories and pulse
- With 4kg flywheel
- · Adjustable handle bar with hand pulse



### KH-62 Magnetic Bike

- Magnetic flywheel system
- 8 level manual Tension Control System
- · Large LCD display for speed, time, distance, calories and pulse
- With 4kg flywheel
- Vertical & Horizontal seat adjustment
- · Handle bar with hand pulse Max. User Weight 100 Kgs



### KH-555 Magnetic Bike

#### Specifications

- 5 Kg fly wheel.
- 8 level tension control system.
- Computer display for speed, time, distance and calories.
- With hand pulse.
- Handle bar adjustment
- · With wheels for easy movement.
- Both way adjustable seat for different user.
- Adjusting caps for uneven floor.
- TUV / GS Approved.
- · Maximum User Weight 100 Kgs.



### KH-550 Magnetic Bike

### Specifications

- 5 Kg fly wheel.
- 8 level tension control system.
- · Computer display for speed, time, distance and calories.
- With hand pulse.
- · With wheels for easy movement.
- Ajustable seat height for different users.
- · Adjusting caps for uneven floor.
- TUV / GS Approved.
- Maximum User Weight 100 Kgs.



### KH-442 X Bike

#### Specifications

- · Magnetic wheel with two ways system.
- 8 Level Tension Control System.
- · Computer display for speed, time, distance & calories.
- · PU saddle with backpack
- · Smooth & silent belt transmission.
- With wheels for easy movement.
- · Adjustable seat height for different users.
- Max User Weight 100 Kgs.



### KH-245 Air Bike

- · Micro-adjustable tension.
- · Computer display for speed, pulse, time, distance and calories.
- · Adjustable seat height for different users.
- · Pedal with strap.



### KH-153

#### Spin Bike

### Specifications

- · Can be used for clubs.
- · Adjustable resistance.
- Dipping handle bar.
- Ultra sturdy structure with 20 kgs CNC flywheel.
- · With adjustable seat.
- · Computer functions : time, speed, distance, calories & pulse.
- · Maximum User Weight 140 Kgs.



### KH-152

#### Spin Bike

#### Specifications

- · Sturdy structure with 21 kgs stainless steel fly wheels.
- · Adjustable resistance.
- · Dipping handle bar.
- · With adjustable seat.
- · With bottle holder, without bottle.
- · Computer functions: time, speed, distance, calories & pulse.
- · Maximum User Weight 120 Kgs.



### KH-142

#### Spin Bike

#### Specifications

- · Ultra sturdy with heavy duty crank.
- Fully adjustable Gel seat with sweat proof finish.
- · With 18 kg flywheel.
- · Adjustable handle bar with up & down position.
- High quality ribbed belt with tension wheel driving system.
- · Press type braking system.
- Rust proof aluminum seat and handle tube.
- Maximum user weight: 150 kg.
- LXWXH: 107X58X112 CM.



### **KH-140**

#### Spin Bike

- · Sturdy structure with stainless steel fly wheel.
- · Adjustable seat.
- · Adjustable and ergonomic handle bar assist the most comfortable sitting.

  Resistance levels: Variable.

  Computer display for showing time, distance, speed & RPM.

- · SPD racing pedals.
- · Transport wheels for easy movement.
- · Maximum User Weight 100 Kgs



### 318LP

### **MULTI GYM**

- Innovative design and ideal for corporate & society use
- Multi station gym with 1 steel weight stacks of 90 Kgs.
- Multiple Exercise Function Seated bench press, Row, Pull down, Chest clamp, Tricep push down, Standing abdominal curl, Leg extension, Standing leg curl, Standing bicep curl, Golf, Arm extension, Front raise, Shrugs & Leg press.
- Durable powder coated finish
- Comfortable seat pads
- Arc cover for protection
- LXWXH: 219X222X213 CM



### 318MG

### **MULTI GYM**

- Innovative design and ideal for corporate & society useMulti station gym with 1 steel weight stacks of 90 Kgs.
- Multiple Exercise Function Seated bench press, Row, Pull down, Chest clamp, Tricep push down, Standing abdominal curl, Leg extension, Standing leg curl, Standing bicep curl, Golf, Arm extension, Front raise & Shrugs.
- Durable powder coated finish
- Comfortable seat pads
- Arc cover for protection
- •LXWXH: 213X150X213 CM





### KH-4700 Home Gym

#### Specifications

- Home Gym with preacher curl.
- ·With push up bars.
- •With situp bench.
- 130 LBS PVC weights with metal cover.
- Heavy 50mm x 50mm square tubular steel frame.



## KH-313 Home Gym

#### Specifications

- · Home Gym with weight cover.
- 150 LBS PVC weights.
- 60mm x 1.5mm oval tubular steel frame.

· With abdominal strap.



## KH-312 Home Gym

### Specifications

- Home Gym without weight cover.150 LBS PVC weights.
- 60mm x 1.5mm oval tubular steel frame.

With abdominal strap.



### **X75 FID BENCH**

#### Specifications

- Heavy duty frame structure.
- Options of flat, incline & decline position.Can be used for multiple exercises.



#### Specifications

- Flat, incline & decline position
- With preacher curl attachment
- With leg extension & prone leg curl





### X150 3 WAY OLYMPIC BENCH



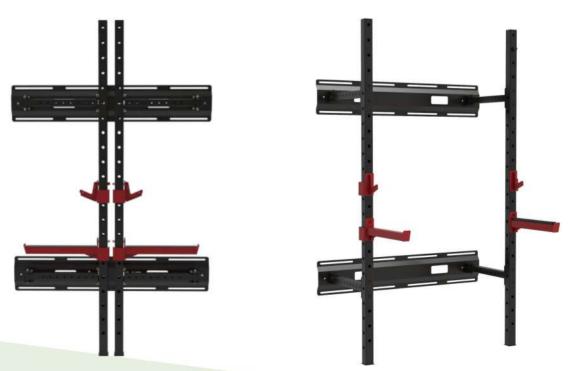


### X400

### WALL MOUNTED FOLDABLE SQUAT RACK

#### Specifications

DIMENSIONS: 115X138X230 CMS
 MAXIMUM WEIGHT LOADING CAPACITY: 200 KGS



# X500 HALF RACK

#### Specifications

- DIMENSIONS: 126X180X232 CMS
- MAXIMUM WEIGHT LOADING CAPACITY: 200 KGS



### X600

### **FUNCTIONAL RACK WITH LONG PULL**

- DIMENSIONS: 154X170X232 CMS
   MAXIMUM WEIGHT LOADING CAPACITY: 120 KGS



# **X900** FTSM

- FUNCTIONAL TRAINER CUM SMITH MACHINE
- DIMENSIONS: 205X147X232 CMS
- WEIGHT STACK OF 80 KG X 2
- MAXIMUM WEIGHT LOADING CAPACITY: 200 KGS



## **SAVAGE**

- FUNCTIONAL TRAINER CUM SMITH MACHINE CUM MULTI GYM
- DIMENSIONS: 180X219X227 CMS
- WEIGHT STACK OF 100 KG X 2
- MAXIMUM WEIGHT LOADING CAPACITY: 200 KGS



### VX-3600 Olympic Weight Bench

#### Specifications

- · Olympic Weight Bench.
- Flat / Incline / Decline positions.
- · Adjustable incline for barbell set holder and seat.
- · Padded rollers and seat for maximum comfort.
- · Adjustable seat.
- Maximum User Weight 120 Kgs.



# VX-3500

### Olympic Weight Bench

### Specifications

- · Olympic Weight Bench.
- · Adjustable incline for barbell set holder and seat.
- Padded rollers and seat for maximum comfort.
- Adjustable seat.
- Maximum User Weight 100 Kgs.



### VX-3400 Adjustable Bench

#### Specifications

- Flat / incline / decline position
- Leg extension / curl
- Maximum user weight 90 kgs



### VX-203a Adjustable Utility Bench

- Ideal exercise for building and tightening upper / lower body and abdominal muscles.
- · Adjustable incline and decline.
- · Padded seat for maximum comfort.



# KH-215 3 TIER DUMBBELL RACK

#### Specifications

- Sturdy Design.
- Made from Heavy Duty Cast Iron angles.
- Can hold upto 8-10 pairs of dumbbell.



#### KH-216 3 IN 1 STORAGE RACK

#### Specifications

- Sturdy Design.
- Made from Heavy Duty Cast Iron angles.
- Can hold upto 8-10 pairs of dumbbell.
- · Can store weight plates and 4 barbells.



### KH-218 Dumbbell Rack

#### Specifications

- · Made from Heavy Duty Cast Iron angles.
- · Can hold 10 pairs of Dumbbells.



### VX-102 SIT-UP BENCH

- Ideal exercise for building and tightening abdominal muscles.
- Ajustable inclination.
- Padded roller and seat for maximum comfort.



## RUBBER COATED VIVA POWER FIXED BARBELLS WITH STRAIGHT AND CURL HANDLE BAR

- Made from high grade virgin rubber for long life.
- Dia 30mm and length 100cm.
- Tear proof, soundless & bouncy effect.

| AVAILABLE<br>SIZES |
|--------------------|
| KGS                |
| 10                 |
| 15                 |
| 20                 |
| 25                 |
| 30                 |
| 35                 |
| 40                 |



## VIVA THERMO POWER SOLID DUMBBELLS

- Made from high grade thermoplastic rubber (TPR) for long life.
- · Tear proof, soundless & bouncy effect.



| SIZES |
|-------|
| KGS   |
| 2.5   |
| 5     |
| 7.5   |
| 10    |
| 12.5  |
| 15    |
| 17.5  |
| 20    |
| 22.5  |
| 25    |
| 30    |
| 35    |
| 40    |
| 45    |
| 50    |

AVAILABLE

# VIVA POWER SOLID DUMBBELL

- Made from high grade virgin rubber for long life.
- Tear proof, soundless & bouncy effect.



|   | AVAILABLE<br>SIZES |
|---|--------------------|
|   | KGS                |
| ľ | 2.5                |
|   | 5                  |
|   | 7.5                |
|   | 10                 |
|   | 12.5               |
|   | 15                 |
|   | 17.5               |
|   | 20                 |
| ľ | 22.5               |
| ľ | 25                 |
| ľ | 27.5               |
| ľ | 30                 |
|   | 35                 |
| ľ | 40                 |
| ľ | 45                 |
| ı | 50                 |

# VIVA FORCE DUMBBELLS

- Made from high grade rubber compound for long life.
- Tear proof, soundless & bouncy effect.



| ^ | SIZES |  |
|---|-------|--|
|   | KGS   |  |
|   | 2.5   |  |
|   | 5     |  |
|   | 7.5   |  |
|   | 10    |  |
|   | 12.5  |  |
|   | 15    |  |
|   | 17.5  |  |
|   | 20    |  |
|   | 22.5  |  |
|   | 25    |  |
|   | 27.5  |  |
|   | 30    |  |
|   | 35    |  |
|   | 40    |  |

AVAILABLE

### HEXAGON DUMBBELL

- · Made from rubber for long life.
- Tear proof, soundless & bouncy effect.



| AVAILABLE<br>SIZES |
|--------------------|
| KGS                |
| 2.5                |
| 5                  |
| 7.5                |
| 10                 |
| 12.5               |
| 15                 |
| 17.5               |
| 20                 |
| 25                 |

## COLOURED BUMPER PLATES

• Made from high quality rubber.

| AVAILABLE<br>SIZES |
|--------------------|
| KGS                |
| 5                  |
| 10                 |
| 15                 |
| 20                 |
| 25                 |



# VIVA FITNESS TPR OLYMPIC HOLE PLATES

- Made from high grade thermoplastic rubber for long life.
- Tear proof, soundless & bouncy effect.



| AVAILABLE<br>SIZES |
|--------------------|
| KGS                |
| 1.25               |
| 2.5                |
| 5                  |
| 7.5                |
| 10                 |
| 15                 |
| 20                 |
| 25                 |
|                    |

# VIVA POWER OLYMPIC HOLE PLATES

- Patented: Unique Anti Roll Design
- Made From Durable And Premium Grade Virgin Rubber
- Aesthetically Designed With Epdm Red Granules
- Ergonomically Designed Grips
- Long Lasting Aluminium Bushes



| AVAILABLE<br>SIZES |
|--------------------|
| KGS                |
| 1.25               |
| 2.5                |
| 5                  |
| 7.5                |
| 10                 |
| 15                 |
| 20                 |
| 25                 |

# VIVA FORCE OLYMPIC HOLE PLATES

- Made from high grade virgin rubber for long life.
- Tear proof, soundless & bouncy effect

|--|

| SIZES |
|-------|
| KGS   |
| 1.25  |
| 2.5   |
| 5     |
| 7.5   |
| 10    |
| 15    |
| 20    |
| 25    |
|       |

AVAII ARI E

# NEOPRENE KETTLE BELL



| AVAILABLE<br>SIZES |  |
|--------------------|--|
| KGS                |  |
| 2                  |  |
| 4                  |  |
| 8                  |  |
| 12                 |  |
| 16                 |  |
| 20                 |  |
| 24                 |  |
| 28                 |  |
| 32                 |  |

### **IR94088**

#### STRONGMAN THICK BARBELL

- Unique 50 mm grip bar
- Hard chrome tempered alloy steel
- Max loading: 1600 lbs
- 7.2 ft olympic length.
- Net weight: 20 kgs.

### **IR101**

### COMPETITION OLYMPIC BAR

- Net weight: 20 kgs.7.2 ft olympic length.
- Flexible barbell made from heat treated Spring Steel.
- High quality nickel chrome finish.
- Comes with 2 bronze bush & 4 needle bearing.
- Shaft diameter: 28mm.Sleeve diameter: 50mm.Shaft length: 51.5".
- Sleeve length: 15.2"
- Max. load capacity: 907 kg / 2000 Lbs.





### IR94039

### HEAVY DUTY OLYMPIC BAR

- Net weight : 20 kgs.
- 7.2 ft olympic length.
- Made from carbon steel.
- High quality nickel chrome finish.
- Shaft diameter : 30mm.
- Sleeve diameter : 50mm.
- Sleeve length: 14".
- Max. load capacity: 816 kg / 1800 Lbs.

### **IR94038**

#### **OLYMPIC BAR**

- Net weight: 16 kgs.
- 7.2 ft olympic length.
- Made from carbon steel.
- High quality nickel chrome finish.
- Shaft diameter: 28mm.
- Sleeve diameter: 50mm.
- Sleeve length: 14".





### IR94052

### 72" OLYMPIC BAR

Net weight: 13 kgs.

· High quality nickel chrome finish.

Shaft diameter: 28mm.Sleeve diameter: 50mm.Sleeve length: 11".



#### **IR94048**

#### 48" OLYMPIC BAR

Net weight : 10 kgs.

High quality nickel chrome finish.

Shaft diameter : 28mm.Sleeve diameter : 50mm.

Sleeve length: 8".



### IR102

#### MULTI GRIP BAR

Size: 2.2 meter



### IR94051

#### 60" OLYMPIC BAR

Net weight : 11 kgs.

· High quality nickel chrome finish.

Shaft diameter: 28mm.Sleeve diameter: 50mm.

Sleeve length: 10".



### IR94047

#### 47" EZ CURL BAR

Net weight: 10 kgs.

High quality nickel chrome finish.

Shaft diameter : 28mm.Sleeve diameter : 50mm.

Sleeve length: 8".



### IR94083

#### 56" OLYMPIC BAR



# IR94025 14" REGULAR RUBBER HANDLE HOLLOW BAR

• Matches our small hole rubber plates



IR94046
OLYMPIC TRICEP BAR



IR95069 NYLON LAT ROPE



**IR95017**38" SOLID LAT BAR



IR95021



IR95023



IR94045 OB20" OLYMPIC BAR



IR94064

OLYMPIC BAR COLLAR (PLASTIC)



IR94061

COLLAR



IR95015

48" SOLID LAT BAR



IR95020

20" SOLID LAT BAR



IR95022



### IR95025



### IR95019



### IR95029



### IR95028



# IR103 ROPE TRAINNER

- Unique cardio workout
- Adjustable resistance control





### IR95024



### IR95026



### IR94084



# IR94089 OLYMPIC BAR PIVOT



IR94090 T BAR HANDLE



### **POUND PAD**







INTRODUCING
TUNTURI ROUTES APP
For all our
cardio equipment

Explore the World from Home





## Explore the world from home

Do you want to check out your holiday destination or do you wish to cycle or run through the famous Central Park in New York City? This is possible with Tunturi Routes.

Make use of the videos users have uploaded all around the world. The resistance of your cardio equipment will sync automatically with the elevation changes in the video. It's like you are there...



### Choose from 50,000+ videos

Never get bored on your cardio trainer again. The platform offers you 50,000+ videos you can choose to play. The videos are from places all over the world, from the United 58 States to Australia and everything in between.





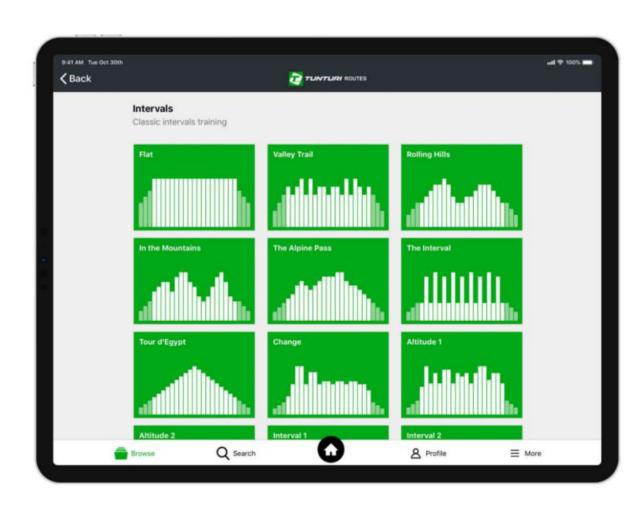
Cycle, cross and run at your own level

Is cycling up the Alpe 'D Huez on your bucket list, but still far out of reach? You can easily adjust the difficulty of video, which makes it possible for you to conquer mountains at your own level. Is the road ahead not challenging enough, increase the level of difficulty and challenge yourself.



Follow coaching classes from home

Do you know spin classes? A room full of sweaty people on spinning bikes accompanied by loud music? Coaches around the world have uploaded their coaching lessons on the platform, so you can follow the instructions of the coach from the comfort of your own home.



# **Expand your training profiles**

Doesn't your cardio trainer have enough training programs? No worries! Tunturi Routes offers a lot more training programs to do interval training. Start an interval training profile you like and decide yourself how long it takes.



| MONITOR | DISPLAY TYPE      | 10 INCH LCD BACKLIGHT +<br>4 LED (GRAPHICAL PROFILES)                               | ERGONOMICS | RUNNING BELT /<br>PROFILE          | 1.8 MM / CROSS TIP                   |
|---------|-------------------|---|------------|------------------------------------|--------------------------------------|
|         | PROGRAMS TOTAL    | 44  |            | HANDGRIP CONTROL                   |                                      |
|         |                   | 36 PRESET 3 USER 1 QUICK START 1 BODY FAT 1 DISTANCE COUNTDOWN 1 CALORIES COUNTDOWN |            | SPEED/INCLINE                      | <b>O</b>                             |
|         |                   |   |            | FRONT HANDLEBAR                    | <b>②</b>                             |
|         |                   |   | EXTRA      | HEART RATE VIA<br>HANDSETS         | <b>Ø</b>                             |
|         | TIME, DISTANCE,   | 1 TIME COUNTDOWN  |            | ANALOG CHESTBELT CONNECTION        | <b>⊘</b> 5.0 - 5.4 KHZ               |
| GENERAL | CALORIE           | 5 HP AC   |            | BLUETOOTH CHEST<br>BELT CONNECTION | <b>⊘</b> VIA APP                     |
|         | SPEED             | 0.8 - 24 KM/H   |            | BOTTLE HOLDER                      | 0                                    |
|         | INCLINE           | 15  |            | TRANSPORT WHEELS                   | <b>O</b>                             |
|         | RUNNING SURFACE   | W 55 x L 153 CM   |            | BLUETOOTH                          | <b>②</b>                             |
|         | RUNNING DECK TYPE | 21 MM   |            | USB CHARGER                        | <b>②</b>                             |
|         | FOLDABLE          | SOFT DROP   |            | APPS (ANDROID / IOS)               | (TUNTURI ROUTES / ANYRUM<br>KINOMAP) |
|         | SHOCK ABSORBING   | T-FLEX COMFORT TOP  |            | TABLET SUPPORT                     | 0                                    |
|         | MAX USER WEIGHT   | 150 KG  |            | STEP COUNTER                       | •                                    |
|         |                   |   |            | USE                                | LIGHT COMMERCIAL                     |

SERIES

ENDURANCE

TYPE



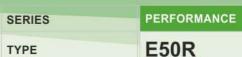
| MONITOR | DISPLAY TYPE      | 10 INCH LCD BACKLIGHT +<br>4 LED (GRAPHICAL PROFILES) | ERGONOMICS | RUNNING BELT /<br>PROFILE          | 1.8 MM / CROSS TIP                   |
|---------|-------------------|---|------------|------------------------------------|--------------------------------------|
|         | PROGRAMS TOTAL    | 44  |            | HANDGRIP CONTROL                   |                                      |
|         |                   | 36 PRESET<br>3 USER                                   |            | SPEED/INCLINE                      | 0                                    |
|         |                   | 1 QUICK START   |            | FRONT HANDLEBAR                    | 0                                    |
|         |                   | 1 BODY FAT 1 DISTANCE COUNTDOWN 1 CALORIES COUNTDOWN  |            | HEART RATE VIA<br>HANDSETS         | 0                                    |
|         | TIME, DISTANCE,   | 1 TIME COUNTDOWN                                      |            | ANALOG CHESTBELT CONNECTION        | <b>⊘</b> 5.0 - 5.4 KHZ               |
|         | CALORIE           | •   |            | BLUETOOTH CHEST<br>BELT CONNECTION | <b>⊘</b> VIA APP                     |
| GENERAL | MOTOR             | 5.5 HP DC   |            |                                    | •                                    |
|         | SPEED             | 0.8 - 22 KM/H   |            | BOTTLE HOLDER                      | 0                                    |
|         | INCLINE           | 15  |            | TRANSPORT WHEELS                   | <b>O</b>                             |
|         | RUNNING SURFACE   | W 55 x L 153 CM                                       | EXTRA      | BLUETOOTH                          | 0                                    |
|         | RUNNING DECK TYPE | 21 MM   |            | USB CHARGER                        | 0                                    |
|         | FOLDABLE          | SOFT DROP   |            | APPS (ANDROID / IOS)               | (TUNTURI ROUTES / ANYRUM<br>KINOMAP) |
|         | SHOCK ABSORBING   | T-FLEX COMFORT TOP                                    |            | TABLET SUPPORT                     | 0                                    |
|         | MAX USER WEIGHT   | 150 KG  |            | STEP COUNTER                       | 0                                    |
|         |                   |   |            | USE                                | LIGHT COMMERCIAL                     |



| MONITOR | DISPLAY TYPE    | 4 LED + 400M TRACK   | ERGONOMICS | RUNNING BELT / PROFILE             | 1.6 MM / SAND                        |
|---------|-----------------|--|------------|------------------------------------|--------------------------------------|
|         | PROGRAMS TOTAL  | 36 PRESET 3 USER 1 QUICK START 1 BODY FAT 1 DISTANCE COUNTDOWN 1 CALORIES COUNTDOWN 1 TIME COUNTDOWN |            | HANDGRIP CONTROL<br>SPEED/INCLINE  | <b>Ø</b>                             |
|         |                 |  |            | FRONT HANDLEBAR                    | 0                                    |
|         |                 |  |            | HEART RATE VIA<br>HANDSETS         | •                                    |
|         | TIME, DISTANCE, |  |            | ANALOG CHESTBELT CONNECTION        | <b>◯</b> 5.0 - 5.4 KHZ               |
|         | CALORIE         | <b>O</b>   |            | BLUETOOTH CHEST<br>BELT CONNECTION | <b>⊘</b> VIA APP                     |
| SENERAL | MOTOR           | 4.5 HP DC  |            |                                    | •                                    |
|         | SPEED           | 1.0 - 20 KM/H  |            | BOTTLE HOLDER                      | 0                                    |
|         | INCLINE         | 15   | EXTRA      | TRANSPORT WHEELS                   | <b>O</b>                             |
|         | RUNNING SURFACE | W 50 x L 140 CM  |            | BLUETOOTH                          |                                      |
|         |                 |  |            | USB CHARGER                        | <b>O</b>                             |
|         | FOLDABLE        | 18 MM SOFT DROP  |            | APPS (ANDROID / IOS)               | (TUNTURI ROUTES / ANYRUN<br>KINOMAP) |
|         | SHOCK ABSORBING | T-FLEX COMFORT PLUS  |            | TABLET SUPPORT                     | <b>②</b>                             |
|         | MAX USER WEIGHT | 135 KG   |            | STEP COUNTER                       | 0                                    |
|         |                 |  |            | USE                                | номе                                 |



| IITOR | DISPLAY SIZE      | 5.5 INCH                                | GENERAL       | BRAKE SYSTEM     | PMS, SERVOMOTOR     | ERGONOMICS      | ADJUSTABLE<br>MONITOR      | 0  |
|-------|-------------------|---|---------------|------------------|---------------------|-----------------|----------------------------|--|
|       | DISPLAY TYPE      | COLOR LCD BACKLIGHT                     |               | FLYWHEELSYSTEM   | 32 KG               | 4               | HANDLEBARS FIXED           | •  |
|       | PROGRAMS TOTAL    | 21                                      |               | RESISTANCE       | 350 W               |                 | AND SWIVEL                 | 0  |
|       |                   | 1 MANUAL,<br>12 PRESET,                 |               | ERGOMETER        | 0                   |                 | HEART RATE VIA<br>HANDSETS | 0  |
|       |                   | 4 HEART RATE,<br>1 WATT,<br>1 RECOVERY, |               | POWER SUPPLY     | ADAPTER<br>9V/1A    |                 | ANALOG CHESTBELT           | <b>⊘</b> 5.0 - 5.4 KHZ                               |
|       |                   | 1 BODY FAT/BMI<br>1 USER                | STRIDE LENGTH | 19 INCH / 50 CM  |                     | BLUETOOTH CHEST | •                          |  |
|       | RESISTANCE LEVELS | 32                                      |               | PEDALS           | COMFORT             |                 | BELT CONNECTION            | 0  |
|       | WATT PROGRAM      | 10 - 350 PER 5 WATT                     |               | DIMENSIONS       | L 195 W 74 H 162 CM |                 | BOTTLE HOLDER              | HOLDER + BOTTLE                                      |
|       | FITNESS TEST      | 0                                       |               | MAX. USER WEIGHT | 135 KG              |                 | TRANSPORT WHEELS           | ROBUST   |
|       | TIME, DISTANCE,   |   |               |                  |                     | EXTRA           | BLUETOOTH                  | 0  |
|       | CALORIE           | 0                                       |               |                  |                     |                 | APPS (ANDROID / IOS)       | TUNTURI ROUTES (CONSOLE+<br>TRAINING/KINOMAP / ZWIFT |
|       |                   |   |               |                  |                     |                 | TABLET SUPPORT             | 0  |
|       |                   |   |               |                  |                     |                 | USE                        | номе   |



COMFORT

COMFORT

0

0

0

HORIZONTAL





E501

#### PERFORMANCE

ESO

| MONITOR | DISPLAY TYPE               | 5.5 INCH<br>COLOR LCD BACKLIGHT         | GENERAL | BRAKE SYSTEM     | PMS, SERVOMOTOR   | ERGONOMICS | ADJUSTABLE MONITOR                 | 0           |
|---------|----------------------------|---|---------|------------------|-------------------|------------|------------------------------------|-------------|
|         | PROGRAMS TOTAL             | 21                                      |         | FLYWHEELSYSTEM   | 11 KG             |            | HANDLEBAR                          | MULTIGRIP   |
|         | 1                          | 1 MANUAL<br>12 PRESET                   |         | RESISTANCE       | 350 W             |            | SEAT                               | COMFORT     |
|         |                            | 4 HEART RATE<br>1 WATT                  |         | ERGOMETER        | 0                 |            | SEAT ADJUSTMENT                    | HORIZONTA   |
|         |                            | 1 RECOVERY<br>1 BODY PATIBINI<br>1 USER |         | POWER SUPPLY     | ADAPTER<br>SV/1A  |            | HEART RATE VIA<br>HANDSETS         | O           |
|         | RESISTANCE LEVELS          |   |         | PEDALS           | COMFORT           |            | ANALOG CHESTBELT                   |             |
|         | WATT PROGRAM               | 0 10 - 350 PER 5 WATT                   |         | DIMENSIONS       | L99 W 60 H 158 CM |            | CONNECTION                         | O 5.0 - 5.4 |
|         | FITNESS TEST               | 0                                       |         | MAX. USER WEIGHT | 135 KG            |            | BLUETOOTH CHEST<br>BELT CONNECTION | 0           |
|         | TIME, DISTANCE,<br>CALORIE | 0                                       |         |                  |                   |            | BOTTLE HOLDER                      | HOLDER +    |
|         | 1000000000                 |   |         |                  |                   |            | TRANSPORT WHEELS                   | ROBUST      |
|         |                            |   |         |                  |                   | EXTRA      | BLUETOOTH                          | 0           |
|         |                            |   |         |                  |                   |            | APPS(ANDROID / IOS)                |             |
|         |                            |   |         |                  |                   |            | TABLET SUPPORT                     | 0           |
|         |                            |   |         |                  |                   |            | USE                                | HOME        |

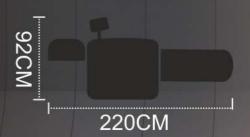




The No.1 in Europe

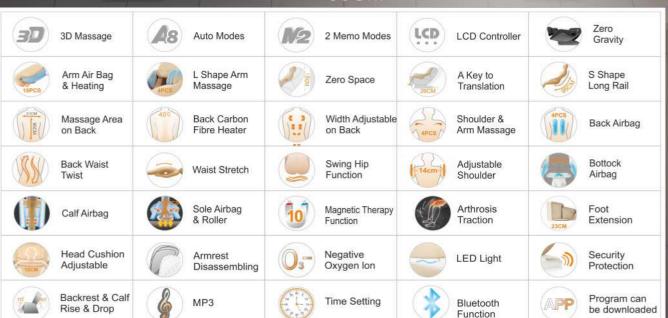


- 3D Technology Intelligent Massage
- Zero Wall
- Hip Swing
- Free Downloadable APP
- Fast-pairing Bluetooth
- Sole Roller Massage
- Shoulder 3 Width Switchable
- Negative ion Release
- S Contours Massage









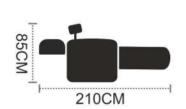
















| 3D Massage               | Auto Modes                                 | 3 Memo Modes                    | Zero<br>Gravity             | Backrest & Calf<br>Rise and Drop |
|--------------------------|--|---------------------------------|-----------------------------|----------------------------------|
| Arm Air Bag and Heating  | L Shape<br>Arm Massage                     | Massage Area on Back            | Back Carbon<br>Fibre Heater | Width Adjustable on Back         |
| Shoulder And Arm Massage | Back Airbag                                | Back-waist Twist                | Waist Stretch               | Buttock Airbag                   |
| Arthrosis Traction       | Knee Heating                               | Calf Airbag                     | Sole Airbag and Roller      | VFD Controller                   |
| Foot Extension           | USB charging point connected with speakers | Child Protection<br>Safety lock | Time setting                | Head Cushion<br>Adjustable       |

AVAILABLE COLOR OPTIONS



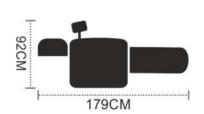
BLACK

**BROWN** 



































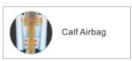
















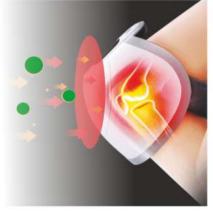






























МР3

- SLEEK AND EASY TO USE
- NATURAL MAGNETS INSIDE THAT PROMOTES BLOOD CIRCULATION & RELIEVES KNEE PAIN
- WITH DIFFERENT LEVELS OF MASSAGE PRESSURE
- CARBON FIBRE INFRA-RED HEATER



















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