

FREEMOTION.

# U8.9b UPRIGHT BIKE

MODEL # VMEX81418



## *CARDIO 8 SERIES UPRIGHT BIKE*

This upgraded biking experience comes with a simplified console made smarter with the addition of the exerciser's smart device. Use "as is" and the bike tracks workout essentials such as calories, time and distance. Sync a personal device and choose from workouts filmed on location around the world and the bike will match the workout with increased/decreased resistance.

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### PRODUCT FEATURES

#### FRONT AND CENTER

Members can keep an eye on everything that keeps them motivated: speed, resistance, RPM, distance, calories, time, heart rate, watts, and pace on the simplified user interface.

#### CONNECT WITH YOUR WORKOUT LIKE NEVER BEFORE.

Experience 'What's Next' in smart training. The console on the u8.9b Upright Bike powered by iFit® goes from simple to interactive when synced with a smart device. As the industry's first "Bring Your Own Device"-solution, the upright has resistance matching technology to recreate the actual terrain of video workouts filmed around the world.

#### 24 LEVELS OF DIGITAL RESISTANCE

To burn more calories, crank up the intensity. To improve muscle tone, choose one of 24 resistance levels.

#### QUICKLIFT™ OVERMOLDED SEAT

For easy, secure seat adjustments, simply lift the lever and quickly slide the seat to the desired position and it locks in place.

#### 2-PIECE CRANK

Freemotion has created a stronger, more durable design and realistic cycling experience. Enjoy a smoother, more comfortable ride.

#### LARGE, SELF-LEVELING PEDALS

These articulating pedals keep feet level, reducing ankle rotation. Adjust the foot straps for a custom fit and keep feet secure.

#### BUILT-IN WORKOUTS

Choose between 4 Weight Loss, 4 Speed Interval, 2 Race Training, 2 Hill Climb, Heart Rate and Watts Training workouts with the touch of a button.

### WARRANTY

**US:** 7 Years Frame, 3 Years Parts, 3 Years Labor (in non-dues paying facilities)

**INTERNATIONAL:** 7 Years Frame, 3 Years Parts, 1 Year Labor

**UNITED KINGDOM:** 7 Years Frame, 3 Years Parts, 3 Years Labor

### SPECIFICATIONS

Resistance System	Digital Resistance Control
Transport Wheels	2 in (5 cm) plastic
Display Type	Simplified User Interface
Resistance Levels	1-24 Levels
Console Languages	EN, ES, DE, IT, PT, CH, NL, FR
Preset Programs	4 Weight Loss, 4 Speed Interval, 2 Race Training, 2 Hill Climb, Heart Rate, Watt Training,
Electronic Readouts	Speed, Resistance, RPM, Distance, Calories, Time, Heart Rate, Watts and Pace
Maximum User Weight	400 lbs (181.4 kg)
Equipment Dimensions (L x W x H)	69.3 x 23.3 x 49.4 in (176 x 59.1 x 125.4 cm)
Equipment Weight	204.2 lbs (92.6 kg)
Shipping Dimensions (L x W x H)	70 x 17.9 x 30.6 in (177.8 x 45.4 x 77.7 cm)
Shipping Weight	225.1 lbs (102.1 kg)
Power Requirements US & Canada/International	100 VAC, 140 VAC
Regulatory Approvals	CE, BQB

### OPTIONAL

- 15.6 in (39 cm) HD Personal TV
- 900/800 MHz receiver (MYE900RCVR)