

FREEMOTION

GENESIS™

MACHINES THAT DO MORE.

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FREEMOTION

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FREEDOM OF MOVEMENT

Train your body for all of life's movements with Genesis™, the first full circuit of cable-based strength training that targets your entire body. Unlike other isolating strength-training equipment, Genesis allows you to change the point of muscle activation by changing your plane of motion. Genesis' sleek design, sophisticated construction and small footprint allow your club to maximize floor space and client results.



GENESIS™

SWIVEL PULLEYS

Freemotion's exclusive pulley design ensures fluid cable travel and unrestricted range of motion for users of various fitness levels.

VARIOUS TRAINING OPTIONS

Seated and standing positions allow users to target more muscle activation in a single piece of equipment.

CABLE TRAVEL

The long cable length and flexibility allows for full exercise extension.

INDEPENDENTLY MOVING HANDLES

Handles move independently for a wide variety of unilateral or bilateral movements

ADA COMPLIANT

Most pieces are compliant with the Americans with Disabilities Act.

INDUSTRIAL CONSTRUCTION

Equipment is built with 11 and 7-gauge steel tubing and is electrostatically powder-coated with paint that has undergone 2,000 hours of salt spray testing.

ENCLOSED WEIGHT STACKS

Limits access to moving parts for user safety.

NEVER LOSE A PIN AGAIN

Weight pins slide effortlessly through the weight stack without completely coming out, meaning no more lost pins.



CHEST #F600

PRODUCT DIMENSIONS
69 x 53 x 73 in (175.2 x 134.6 x 185.4 cm)
WEIGHT STACK
200 lbs (90 kg)



SHOULDER #F601

PRODUCT DIMENSIONS
60 x 52 x 73 in (152.4 x 132 x 185.4 cm)
WEIGHT STACK
150 lbs (68 kg)



BICEP #F602

PRODUCT DIMENSIONS
52 x 36 x 77 in (132 x 91.4 x 195.5 cm)
WEIGHT STACK
150 lbs (68 kg)



TRICEP #F603

PRODUCT DIMENSIONS
52 x 36 x 77 in (132 x 91.4 x 195.5 cm)
WEIGHT STACK
150 lbs (68 kg)



ROW #F604

PRODUCT DIMENSIONS
56 x 36 x 77 in (142.4 x 91.4 x 195.5 cm)
WEIGHT STACK
200 lbs (90 kg)



CALF #F607

PRODUCT DIMENSIONS
74 x 36 x 77 in (187.9 x 91.4 x 195.5 cm)
WEIGHT STACK
200 lbs (90 kg)



HAMSTRING #F608

PRODUCT DIMENSIONS
52 x 36 x 77 in (132 x 91.4 x 195.5 cm)
WEIGHT STACK
200 lbs (90 kg)



QUAD #F609

PRODUCT DIMENSIONS
66 x 36 x 77 in (167.6 x 91.44 x 195.5 cm)
WEIGHT STACK
150 lbs (68 kg)



SQUAT #F610

PRODUCT DIMENSIONS
90 x 36 x 73 in (228.6 x 91.4 x 185.4 cm)
WEIGHT STACK
400 lbs (181 kg)



ABDOMINAL #F611

PRODUCT DIMENSIONS
34 x 36 x 77 in (86.3 x 91.4 x 195.5 cm)
WEIGHT STACK
150 lbs (68 kg)



LIFT #F612

PRODUCT DIMENSIONS
71 x 42 x 77 in (180.3 x 106.6 x 195.5 cm)
WEIGHT STACK
400 lbs (181 kg)



STEP #F614

PRODUCT DIMENSIONS
73 x 36 x 77 in (185.4 x 91.4 x 195.5 cm)
WEIGHT STACK
150 lbs (68 kg)



LAT #F620

PRODUCT DIMENSIONS
56 x 52 x 87 in (142.2 x 132 x 220.9 cm)
WEIGHT STACK
200 lbs (90 kg)



DUAL-CABLE CROSS #F624

PRODUCT DIMENSIONS
38 x 123 x 73 in (96.5 x 312.4 x 185.4 cm)
WEIGHT STACK
Dual 80 lbs (Dual 36.2 kg)



CABLE COLUMN #GZFM6016

CABLE TRAVEL
96 in (243.8 cm)
PRODUCT WEIGHT
430 lbs (195 kg)