

FREEMOTION.

NEW EPIC SELECTORIZED



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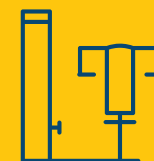
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DESIGNED TO BE EPIC

Elevating the workout standard with smart upgrades that maximize the effect of each rep. The redesigned EPIC Selectorized Line was created to meet today's needs of modern gyms. With lower towers, new molded seat design, Line-X® footplates and contoured counter weights, the EPIC line is the result of customer feedback, research and development and pure innovation.

EPIC SELECTORIZED

INDEPENDENT ARM MOVEMENT

Arms move independently to create single or dual exercises, depending on the user's fitness level. (Independent arm movement on the ES800, 802, 806, 807, 809, 816, 817 and 818 pieces.)

LOW PROFILE DESIGN

The new lower tower heights create a welcoming, uniform floor plan.

SMALLER FOOTPRINT

The new EPIC Selectorized line has a smaller footprint, freeing up your square footage.

IMPROVED USER ADJUSTMENTS

Minimal adjustments are needed on this intuitive line.

OPTIONAL FRAME COLORS

The new EPIC Selectorized line comes in two frame color options, Platinum Sparkle and now, Black River.

SERVICEABILITY

The tower design allows for simple cable service.

AESTHETIC DESIGN

Features a clean, modern design complete with an accessories holder in the top cap.



CHEST PRESS ES800

PRODUCT DIMENSIONS
61.7 x 42 x 72 in (156.7 x 106.6 x 182.8 cm)
WEIGHT STACK
295 lbs (133.8 kg)



LEG EXTENSION ES801

PRODUCT DIMENSIONS
51.3 x 54 x 57.8 in (130.3 x 137.1 x 146.8 cm)
WEIGHT STACK
285 lbs (129.2 kg)



LAT PULLDOWN/HIGH ROW ES802

PRODUCT DIMENSIONS
51.8 x 66.5 x 76.8 in (131.5 x 168.9 x 195 cm)
WEIGHT STACK
305 lbs (138.3 kg)



LEG CURL ES803

PRODUCT DIMENSIONS
448.9 x 59 x 57.8 in (124.2 x 149.8 x 146.8 cm)
WEIGHT STACK
205 lbs (92.9 kg)



LEG PRESS ES804

PRODUCT DIMENSIONS
90.6 x 44.1 x 72.8 in (230.1 x 112 x 184.9 cm)
WEIGHT STACK
475 lbs (215.4 kg)



PEC FLY/REAR DELT ES806

PRODUCT DIMENSIONS
33.3 x 53.5 x 76.2 in (84.5 x 135.8 x 193.5 cm)
WEIGHT STACK
195 lbs (88.4 kg)



SHOULDER PRESS ES807

PRODUCT DIMENSIONS
61.4 x 64.1 x 57.8 in (155.9 x 155.1 x 146.8 cm)
WEIGHT STACK
205 lbs (92.9 kg)



HIP ADDUCTION/ABDUCTION ES809

PRODUCT DIMENSIONS
62.5 x 28.5 x 58 in (158.7 x 72.3 x 147.3 cm)
WEIGHT STACK
155 lbs (70.3 kg)



BICEPS CURL ES810

PRODUCT DIMENSIONS
40.5 x 50 x 57.8 in (102.8 x 127 x 146.8 cm)
WEIGHT STACK
205 lbs (92.9 kg)



TRICEPS EXTENSION ES811

PRODUCT DIMENSIONS
40.5 x 50.6 x 57.8 in (102.8 x 128.5 x 146.8 cm)
WEIGHT STACK
205 lbs (92.9 kg)



DIP CHIN ASSIST ES812

PRODUCT DIMENSIONS
48.3 x 62.1 x 99.6 in (122.6 x 157.7 x 252.9 cm)
WEIGHT STACK
225 lbs (102 kg)



CALF EXTENSION ES813

PRODUCT DIMENSIONS
68.9 x 43.3 x 57.8 in (175 x 190.9 x 146.8 cm)
WEIGHT STACK
375 lbs (170 kg)



PRONE LEG CURL ES814

PRODUCT DIMENSIONS
53.4 x 66.4 x 57.8 in (135.6 x 168.6 x 146.8 cm)
WEIGHT STACK
195 lbs (88.4 kg)



BACK EXTENSION ES815

PRODUCT DIMENSIONS
39 x 53.4 x 57.8 in (99 x 135.6 x 146.8 cm)
WEIGHT STACK
265 lbs (120.2 kg)



LATERAL RAISE ES816

PRODUCT DIMENSIONS
33.4 x 45.3 x 57.8 in (84.8 x 115 x 146.8 cm)
WEIGHT STACK
205 lbs (92.9 kg)



SEATED ROW ES817

PRODUCT DIMENSIONS
39.7 x 69 x 57.8 in (100.8 x 175.2 x 146.8 cm)
WEIGHT STACK
255 lbs (115.6 kg)



TORSO ROTATION ES818

PRODUCT DIMENSIONS
60.5 x 47 x 79.2 in (153.6 x 119.3 x 201.1 cm)
WEIGHT STACK
175 lbs (79.3 kg)



ABDOMINAL ES819

PRODUCT DIMENSIONS
47.4 x 40.5 x 57.8 in (120.3 x 102.8 x 146.8 cm)
WEIGHT STACK
155 lbs (70.3 kg)



GLUTE ES820

PRODUCT DIMENSIONS
72.8 x 31.9 x 57.8 in (184.9 x 81 x 146.8 cm)
WEIGHT STACK
305 lbs (138.3 kg)

FREEMOTION.

EPIC SELECTORIZED

CHEST PRESS

MODEL # **ES800**



CABLE STRENGTH EPIC SELECTORIZED

The EPIC Chest Press by Freemotion strengthens and isolates the chest muscles for activities that involve pushing movements. The arms move in a converging axis pattern, and allow for unilateral movements for increased muscle concentration. A lower tower height creates a look that's polished and professional.



EPIC SELECTORIZED CHEST PRESS

PRODUCT FEATURES

LOW PROFILE TOWER DESIGN

The low profile tower works well with an open-design floor plan and adds to the 'welcome' environment.

CONVERGING AXIS ARMS

Arms move in a converging axis pattern to create a natural movement that targets selected muscle groups.

UNILATERAL ARM MOVEMENT

Handles move independently to create single or dual-arm exercises that build strength with balance and symmetry.

BUILT-IN STORAGE

The redesigned top cap of this machine features a built-in accessory tray to help users keep track of their phone, keys and more.

SMALLER FOOTPRINT

The new EPIC Chest Press has a smaller, narrower footprint to free up your square footage.

EXTENDED HANDLES WITH MULTI-GRIP POSITIONS

Extended handles are made to accommodate users of various sizes, while multiple grip positions allow users to perform multiple exercises on one piece.

COMMERCIAL GRADE UPHOLSTERY

The commercial grade, stretched and sewn vinyl upholstery is designed to handle constant usage.

MULTIPLE SEAT ADJUSTMENTS

Seat adjusts to multiple positions to accommodate users of all sizes.

WARRANTY US AND INTERNATIONAL

10 Years Frame | 3 Years Parts | 1 Year Cables and Labor | 120 Days Other

SPECIFICATIONS

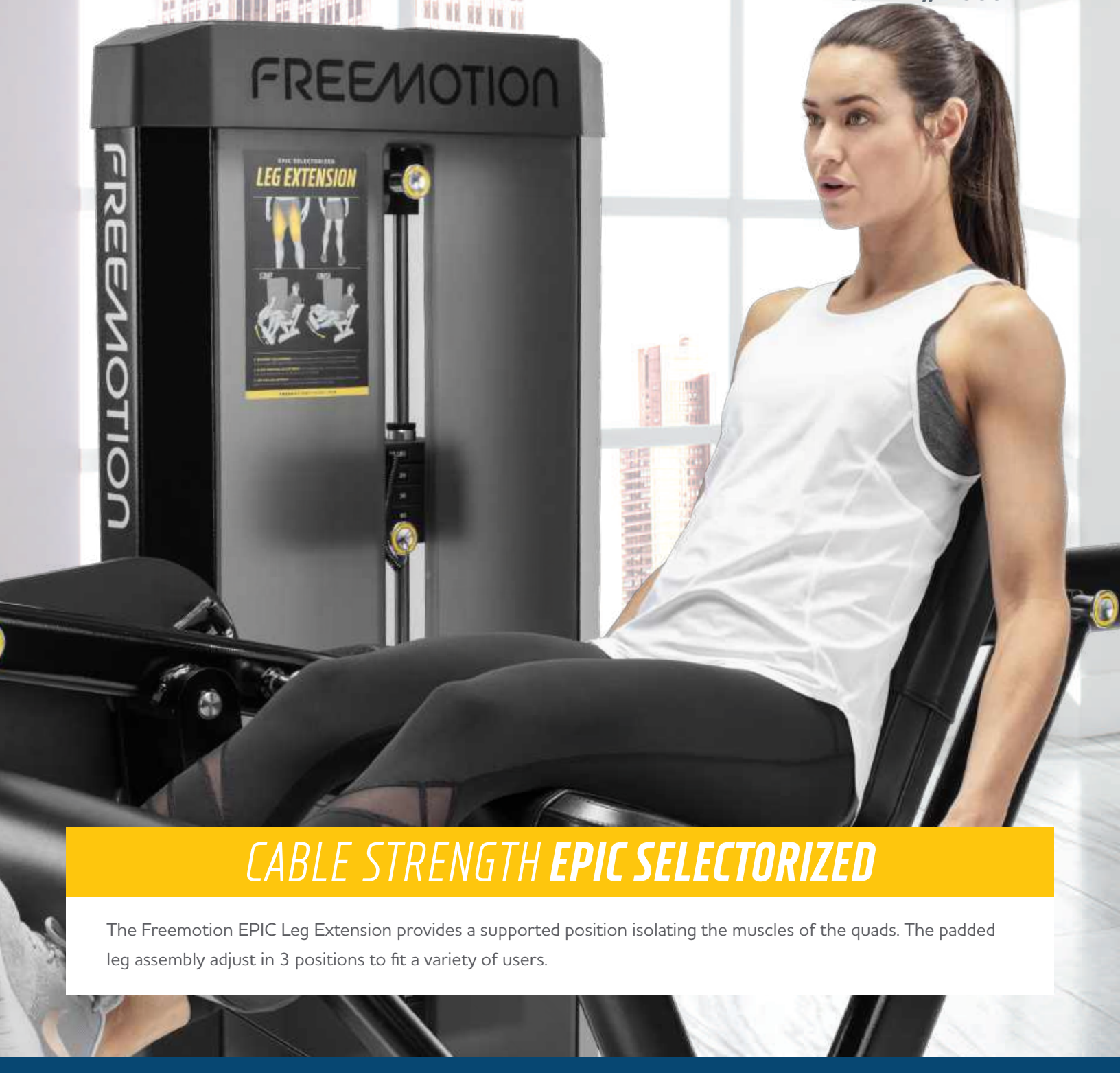
Weight Stack	295 lbs (133.8 kg)
Resistance	295 lbs (133.8 kg)
Drop Down Weight	5 lbs (2.2kg)
Weight Stack Configuration	0-10 x 10 lbs (4.5 kg) 10-80 x 10 lbs (4.5 kg) 90-290 x 20 lbs (9 kg)
Standard Frame	Platinum Sparkle, Black River
Plastic Color	Black
Upholstery Color	Black
Product Dimensions (LxWxH)	61.7 x 42 x 72 in (156.7 x 106.6 x 182.8 cm)
Product Weight	617.2 lbs (280 kg)
Shipping Dimensions (LxWxH)	Box 1: 42.1 x 30.3 x 76.7 (106.9 x 76.9 x 194.8 cm) Box 2: (38.5 x 14.1 x 4.3 (97.7 x 35.8 x 10.9 cm)
Shipping Weight	Box 1: 756 lbs (342.9 kg) Box 2: 22 lbs (9.9 kg)
Regulatory Approval	CE

FREEMOTION.

EPIC SELECTORIZED

LEG EXTENSION

MODEL # **ES801**



CABLE STRENGTH EPIC SELECTORIZED

The Freemanotion EPIC Leg Extension provides a supported position isolating the muscles of the quads. The padded leg assembly adjust in 3 positions to fit a variety of users.



EPIC SELECTORIZED LEG EXTENSION

PRODUCT FEATURES

LOW PROFILE TOWER DESIGN

The low profile tower works well with an open-design floor plan and adds to the 'welcome' environment.

MULTIPLE START POSITIONS

Leg assembly can be set in multiple starting positions to accommodate users of varying heights

MULTIPLE ADJUSTMENTS

Back Pad and Leg Assembly adjusts to multiple positions to accommodate users of all sizes.

BUILT-IN STORAGE

The redesigned top cap of this machine features a built-in accessory tray to help users keep track of their phone, keys and more.

SMALLER FOOTPRINT

The new EPIC Leg Extension has a smaller, narrower footprint to free up your square footage.

COMMERCIAL GRADE UPHOLSTERY

The commercial grade, stretched and sewn vinyl upholstery is designed to handle constant usage.

HEAVY DUTY CABLE

Heavy duty cable is designed to support the rigorous usage demands of this machine

FLOOR PROTECTORS

Made with molded rubber, the Freemotion floor guards help better protect your floor.

SERVICEABILITY

The tower design allows for simple cable service.

WARRANTY US AND INTERNATIONAL

10 Years Frame | 3 Years Parts | 1 Year Cables and Labor | 120 Days Other

SPECIFICATIONS

Weight Stack	285 lbs (129.2 kg)
Resistance	285 lbs (129.2 kg)
Drop Down Weight	5 lbs (2.2kg)
Weight Stack Configuration	0-10 x 10 lbs (4.5 kg) 20-70 x 10 lbs (4.5 kg) 80-280 x 20 lbs (9 kg)
Standard Frame	Platinum Sparkle, Black River
Plastic Color	Black
Upholstery Color	Black
Product Dimensions (LxWxH)	51.3 x 54 x 57.8 in (130.3 x 137.1 x 146.8 cm)
Product Weight	573.2 lbs (260 kg)
Shipping Dimensions (LxWxH)	Box 1: 74.4 x 30.3 x 42.1 (188.9 x 76.9 x 106.9 cm) Box 2: 28.3 x 25.2 x 5.9 (71.8 x 64 x 14.9 cm)
Shipping Weight	Box 1: 712.1 lbs (322.9 kg) Box 2: 25.3 lbs (11.4 kg)
Regulatory Approval	CE

FREEMOTION.

EPIC SELECTORIZED

LAT PULLDOWN/HIGH ROW

MODEL # ES802



CABLE STRENGTH EPIC SELECTORIZED

The Lat Pulldown/High Row strengthens and isolates the back muscles for activities that involve lifting movements. The L-shaped handles create multiple grip positions while the lower tower height promotes a welcoming and open feel. The arms move in a converging axis pattern, and allow for unilateral movements for increased muscle concentration.



EPIC SELECTORIZED LAT PULLDOWN/HIGH ROW

PRODUCT FEATURES

LOW PROFILE TOWER DESIGN

The low profile tower works well with an open-design floor plan and adds to the 'welcome' environment.

UNILATERAL ARM MOVEMENT

Handles move independently to create single or dual-arm exercises that build strength with balance and symmetry.

MULTIPLE HANDLE POSITIONS

The L-shaped handles on this machine create multiple grips to perform lat and row exercises.

BUILT-IN STORAGE

The redesigned top cap of this machine features a built-in accessory tray to help users keep track of their phone, keys and more.

SMALLER FOOTPRINT

The new EPIC Lat Pulldown/High Row has a smaller, narrower footprint to free up your square footage.

ADJUSTABLE THIGH PADS

Thigh pads adjust to multiple positions to accommodate users of all sizes.

FLOOR PROTECTORS

Made with molded rubber, the Freemotion floor guards help better protect your floor.

SERVICEABILITY

The tower design allows for simple cable service.

WARRANTY US AND INTERNATIONAL

10 Years Frame | 3 Years Parts | 1 Year Cables and Labor | 120 Days Other

SPECIFICATIONS

Weight Stack	305 lbs (138.3 kg)
Resistance	305 lbs (138.3 kg)
Drop Down Weight	5 lbs (2.2kg)
Weight Stack Configuration	10-80 x 10 lbs (4.5 kg) 90-300 x 20 lbs (9 kg)
Standard Frame	Platinum Sparkle, Black River
Plastic Color	Black
Upholstery Color	Black
Product Dimensions (LxWxH)	51.8 x 66.5 x 76.8 in (131.5 x 168.9 x 195 cm)
Product Weight	661.3 lbs (300 kg)
Shipping Dimensions (LxWxH)	Box 1: 78.7 x 30.3 x 57.4 in (199.8 x 76.9 x 145.7 cm) Box 2: 31.8 x 11.4 x 4.7 in (80.7 x 28.9 x 11.9 cm)
Shipping Weight	Box 1: 820 lbs (371.9 kg) Box 2: 22 lbs (9.9 kg)
Regulatory Approval	CE

FREEMOTION.

EPIC SELECTORIZED

LEG CURL

MODEL # ES803



CABLE STRENGTH EPIC SELECTORIZED

Spring-loaded and counterbalanced, the Freemotion EPIC Leg Curl strengthens the upper leg. By creating a wide range of motion, users can focus their efforts on strengthening leg muscles, while a lower tower height promotes an open feel.



EPIC SELECTORIZED LEG CURL

PRODUCT FEATURES

LOW PROFILE TOWER DESIGN

The low profile tower works well with an open-design floor plan and adds to the 'welcome' environment.

MULTIPLE START POSITIONS

Leg assembly can be adjusted to several different starting positions to fit users of varying heights

MULTIPLE ADJUSTMENTS

Back Pad, Thigh Pad and Leg Assembly adjusts to multiple positions to accommodate users of all sizes.

BUILT-IN STORAGE

The redesigned top cap of this machine features a built-in accessory tray to help users keep track of their phone, keys and more.

SMALLER FOOTPRINT

The new EPIC Leg Curl has a smaller, narrower footprint to free up your square footage.

COMMERCIAL GRADE UPHOLSTERY

The commercial grade, stretched and sewn vinyl upholstery is designed to handle constant usage.

HEAVY DUTY CABLE

Heavy duty cable is designed to support the rigorous usage demands of this machine

FLOOR PROTECTORS

Made with molded rubber, the Freemotion floor guards help better protect your floor.

SERVICEABILITY

The tower design allows for simple cable service.

WARRANTY US AND INTERNATIONAL

10 Years Frame | 3 Years Parts | 1 Year Cables and Labor | 120 Days Other

SPECIFICATIONS

Weight Stack	205 lbs (92.9 kg)
Resistance	205 lbs (92.9 kg)
Drop Down Weight	5 lbs (2.2kg)
Weight Stack Configuration	10 lbs Header (4.5 kg) 20-150 x 10 lbs (4.5 kg) 160-200 x 20 lbs (9 kg)
Standard Frame	Platinum Sparkle, Black River
Plastic Color	Black
Upholstery Color	Black
Product Dimensions (LxWxH)	48.9 x 59 x 57.8 in (124.2 x 149.8 x 146.8 cm)
Product Weight	560 lbs (254.3 kg)
Shipping Dimensions (LxWxH)	Box 1: 74.4 x 30.3 x 42.1 in (188.9 x 76.9 x 106.9 cm) Box 2: 29.9 x 27.9 x 5.9 in (75.9 x 70.8 x 14.9 cm)
Shipping Weight	Box 1: 635 lbs (288 kg) Box 2: 26.5 lbs (12 kg)
Regulatory Approval	CE

FREEMOTION.

EPIC SELECTORIZED

LEG PRESS

MODEL # ES804

CABLE STRENGTH EPIC SELECTORIZED

The redesigned Freemotion EPIC Leg Press is welcoming to users of all sizes, thanks to a lower weight tower and open design. A thoughtful counterweight makes finding the perfect fit easy, quick and personalized. The grip-coated platform ensures secure footing while the machine's natural movement targets muscles in the upper legs and fully extends the body.



EPIC SELECTORIZED LEG PRESS

PRODUCT FEATURES

LOW PROFILE TOWER DESIGN

The low profile tower works well with an open-design floor plan and adds to the 'welcome' environment.

MULTIPLE START POSITIONS

Leg assembly can be adjusted to several different starting positions to fit users of varying heights

MULTIPLE ADJUSTMENTS

Platform and Backrest adjusts to multiple positions to accommodate users of all sizes.

BUILT-IN STORAGE

The redesigned top cap of this machine features a built-in accessory tray to help users keep track of their phone, keys and more.

SMALLER FOOTPRINT

The new EPIC Leg Press has a smaller, narrower footprint to free up your square footage.

ARC MOVEMENT PATTERN

Experience a full-body extension with the arc-shaped movement pattern.

CONTOURED PLATFORM WITH LINE-X® COATING

Textured with Line-X®, the wear guards on this machine help prevent slipping while the contoured platform helps maintain correct foot alignment.

HEAVY DUTY FLOOR PROTECTORS

Made with molded rubber, the Freemotion floor guards help better protect your floor.

WARRANTY US AND INTERNATIONAL

10 Years Frame | 3 Years Parts | 1 Year Cables and Labor | 120 Days Other

SPECIFICATIONS

Weight Stack	475 lbs (215.4 kg)
Resistance	475 lbs (215.4 kg)
Drop Down Weight	5 lbs (2.2kg)
Weight Stack Configuration	10 lbs Header (4.5 kg) 20-470 x 20 lbs (9 kg)
Standard Frame	Platinum Sparkle, Black River
Plastic Color	Black
Upholstery Color	Black
Product Dimensions (LxWxH)	90.6 x 44.1 x 72.8 in (230.1 x 112 x 184.9 cm)
Product Weight	1,146.4 lbs (520 kg)
Shipping Dimensions (LxWxH)	Box 1: 88.1 x 35 x 82.6 in (233.7 x 88.9 x 209 cm) Box 2: 41.7 x 13 x 3.9 in (105.9 x 33 x 9.9 cm)
Shipping Weight	Box 1: 1,252.2 lbs (567.8 kg) Box 2: 17.6 lbs (7.9 kg)
Regulatory Approval	CE

FREEMOTION.

EPIC SELECTORIZED

PEC FLY/REAR DELT

MODEL # **ES806**

CABLE STRENGTH EPIC SELECTORIZED

The Freemotion EPIC Pec Fly/Rear Delt is a unique machine that helps users get stronger through a natural movement pattern. Redesigned with a lower weight stack, users can strengthen back and chest muscles with the machine's pivoting arms that are easy to adjust.



EPIC SELECTORIZED PEC FLY/REAR DELT

PRODUCT FEATURES

LOW PROFILE TOWER DESIGN

The low profile tower works well with an open-design floor plan and adds to the 'welcome' environment.

UNILATERAL ARM MOVEMENT

Handles move independently to create single or dual-arm exercises that build strength with balance and symmetry.

MULTIPLE HANDLE POSITIONS

The unique handle design creates multiple gripping positions for standard and rear delt exercises.

BUILT-IN STORAGE

The redesigned top cap of this machine features a built-in accessory tray to help users keep track of their phone, keys and more.

SMALLER FOOTPRINT

The new EPIC Pec Fly/Rear Delt has a smaller, narrower footprint to free up your square footage.

ADJUSTABLE POSITION PIVOTING ARMS

Adjustable arms pivot to accommodate a wide variety of users, while creating natural movement patterns.

MULTIPLE SEAT ADJUSTMENTS

Seat adjusts to multiple positions to accommodate users of all sizes.

HEAVY DUTY FLOOR PROTECTORS

Made with molded rubber, the Freemotion floor guards help better protect your floor.

WARRANTY US AND INTERNATIONAL

10 Years Frame | 3 Years Parts | 1 Year Cables and Labor | 120 Days Other

SPECIFICATIONS

Weight Stack	195 lbs (88.4 kg)
Resistance	195 lbs (88.4 kg)
Drop Down Weight	5 lbs (2.2kg)
Weight Stack Configuration	10 lbs Header (4.5 kg) 20-190 x 10 lbs (4.5 kg)
Standard Frame	Platinum Sparkle, Black River
Plastic Color	Black
Upholstery Color	Black
Product Dimensions (LxWxH)	33.3 x 53.5 x 76.2 in (84.5 x 135.8 x 193.5 cm)
Product Weight	529.1 lbs (240 kg)
Shipping Dimensions (LxWxH)	Box 1: 82 x 30.3 x 49.2 in (208.2 x 76.9 x 124.9 cm) Box 2: 16.9 x 13 x 6.3 in (42.9 x 33 x 16 cm)
Shipping Weight	Box 1: 661.6 lbs (300 kg) Box 2: 11 lbs (4.9 kg)
Regulatory Approval	CE

FREEMOTION.

EPIC SELECTORIZED

SHOULDER PRESS

MODEL # **ES807**



CABLE STRENGTH EPIC SELECTORIZED

The Freemotion EPIC Shoulder Press has been redesigned to target shoulder muscles through a converging access pattern and unilateral arm movement. This machine guides users to move in a natural range of motion that's intuitive and effective, while a lower tower height promotes an open feel.



EPIC SELECTORIZED SHOULDER

PRODUCT FEATURES

LOW PROFILE TOWER DESIGN

The low profile tower works well with an open-design floor plan and adds to the 'welcome' environment.

UNILATERAL ARM MOVEMENT

Handles move independently to create single or dual-arm exercises that build strength with balance and symmetry.

MULTIPLE HANDLE POSITIONS

The unique handle design creates multiple gripping positions for standard and neutral press exercises.

BUILT-IN STORAGE

The redesigned top cap of this machine features a built-in accessory tray to help users keep track of their phone, keys and more.

SMALLER FOOTPRINT

The new EPIC Shoulder has a smaller, narrower footprint to free up your square footage.

CONVERGING AXIS ARMS

Arms move in a converging axis pattern, creating natural movement and direct muscle concentration.

MULTIPLE SEAT ADJUSTMENTS

Seat adjusts to multiple positions to accommodate users of all sizes.

HEAVY DUTY FLOOR PROTECTORS

Made with molded rubber, the Freemotion floor guards help better protect your floor.

WARRANTY US AND INTERNATIONAL

10 Years Frame | 3 Years Parts | 1 Year Cables and Labor | 120 Days Other

SPECIFICATIONS

Weight Stack	205 lbs (92.9 kg)
Resistance	205 lbs (92.9 kg)
Drop Down Weight	5 lbs (2.2kg)
Weight Stack Configuration	10 lbs Header (4.5 kg) 20-100 x 10 lbs (4.5 kg) 110-200 x 20 lbs (9 kg)
Standard Frame	Platinum Sparkle, Black River
Plastic Color	Black
Upholstery Color	Black
Product Dimensions (LxWxH)	61.4 x 64.1 x 57.8 in (155.9 x 155.1 x 146.8 cm)
Product Weight	617.2 lbs (280 kg)
Shipping Dimensions (LxWxH)	Box 1: 68 x 30.3 x 52.5 in (172 x 76.9 x 133.3 cm) Box 2: 37.4 x 14.5 x 4.3 in (94.9 x 36.8 x 10.9 cm)
Shipping Weight	Box 1: 709.2 lbs (321.6 kg) Box 2: 22 lbs (9.9 kg)
Regulatory Approval	CE

FREEMOTION.

EPIC SELECTORIZED

HIP ADDUCTION/ABDUCTION

MODEL # **ES809**



CABLE STRENGTH EPIC SELECTORIZED

The open, accessible design of the EPIC Hip Adduction/Abduction machine by Freemotion makes working the thighs easier for all body types. This comfortable, non-restrictive design with a lower weight tower, features pivoting pads to create two leg workouts in one machine. Multiple start positions isolate and strengthen inner and outer upper leg muscles to contribute to an all over strength training workout.



EPIC SELECTORIZED HIP ADDUCTION/ABDUCTION

PRODUCT FEATURES

LOW PROFILE TOWER DESIGN

The low profile tower works well with an open-design floor plan and adds to the 'welcome' environment.

PIVOTING THIGH PADS

Padded for comfort, these thigh pads pivot to perform hip adduction and abduction movements.

MULTIPLE HANDLE POSITIONS

Designed with multiple start positions to accommodate users of varying sizes.

BUILT-IN STORAGE

The redesigned top cap of this machine features a built-in accessory tray to help users keep track of their phone, keys and more.

SMALLER FOOTPRINT

The new EPIC Hip Adduction/Abduction has a smaller, narrower footprint to free up your square footage.

TEXTURED FOOT PEGS

Foot pegs are textured for secure placement and to better help isolate the lower leg.

HEAVY DUTY FLOOR PROTECTORS

Made with molded rubber, the Freemotion floor guards help better protect your floor.

EASY SERVICEABILITY

The tower design allows for simple cable service.

WARRANTY US AND INTERNATIONAL

10 Years Frame | 3 Years Parts | 1 Year Cables and Labor | 120 Days Other

SPECIFICATIONS

Weight Stack	205 lbs (92.9 kg)
Resistance	205 lbs (92.9 kg)
Drop Down Weight	5 lbs (2.2kg)
Weight Stack Configuration	10 lbs Header (4.5 kg) 20-100 x 10 lbs (4.5 kg) 110-200 x 20 lbs (9 kg)
Standard Frame	Platinum Sparkle, Black River
Plastic Color	Black
Upholstery Color	Black
Product Dimensions (LxWxH)	61.4 x 64.1 x 57.8 in (155.9 x 155.1 x 146.8 cm)
Product Weight	617.2 lbs (280 kg)
Shipping Dimensions (LxWxH)	Box 1: 68 x 30.3 x 52.5 in (172 x 76.9 x 133.3 cm) Box 2: 37.4 x 14.5 x 4.3 in (94.9 x 36.8 x 10.9 cm)
Shipping Weight	Box 1: 709.2 lbs (321.6 kg) Box 2: 22 lbs (9.9 kg)
Regulatory Approval	CE

FREEMOTION.

EPIC SELECTORIZED

BICEPS CURL

MODEL # **ES810**



CABLE STRENGTH EPIC SELECTORIZED

The easy seat adjustment of the new EPIC Biceps Curl machine allows users to adjust on the fly, creating a truly personalized workout to reach their fitness goals. The extra long, "easy in" pin and a counterweight make way for a user-defined wrist position and a movement that targets upper arms with a natural range of motion. The new design of this machine features a lower tower height, promoting an open feel.



EPIC SELECTORIZED BICEPS CURL

PRODUCT FEATURES

LOW PROFILE TOWER DESIGN

The low profile tower works well with an open-design floor plan and adds to the 'welcome' environment.

ROTATING HANDLE DESIGN

The unique, rotating handle design allows for a comfortable, natural grip in multiple hand positions.

MULTIPLE SEAT ADJUSTMENTS

Seat adjusts to multiple positions to accommodate users of all sizes.

BUILT-IN STORAGE

The redesigned top cap of this machine features a built-in accessory tray to help users keep track of their phone, keys and more.

SMALLER FOOTPRINT

The new EPIC Biceps Curl has a smaller, narrower footprint to free up your square footage.

HEAVY DUTY CABLE

Heavy duty cable is designed to support the rigorous usage demands of this machine.

HEAVY DUTY FLOOR PROTECTORS

Made with molded rubber, the Freemotion floor guards help better protect your floor.

EASY SERVICEABILITY

The tower design allows for simple cable service.

WARRANTY US AND INTERNATIONAL

10 Years Frame | 3 Years Parts | 1 Year Cables and Labor | 120 Days Other

SPECIFICATIONS

Weight Stack	205 lbs (92.9 kg)
Resistance	205 lbs (92.9 kg)
Misc Resistance	5 lbs (2.2kg)
Weight Stack Configuration	10 lbs Header (4.5 kg) 20-100 x 10 lbs (4.5 kg) 110-200 x 20 lbs (9 kg)
Standard Frame	Platinum Sparkle, Black River
Plastic Color	Black
Upholstery Color	Black
Product Dimensions (LxWxH)	40.5 x 50 x 57.8 in (102.8 x 127 x 146.8 cm)
Product Weight	591.7 lbs (229.7 kg)
Shipping Dimensions (LxWxH)	Box 1: 76 x 22.6 x 44.4 in (193 x 57.4 x 112.7 cm) Box 2: 22 x 14.9 x 5.9 in (55.8 x 37.8 x 14.9 cm)
Shipping Weight	Box 1: 632.7 lbs (286.9 kg) Box 2: 17.6 lbs (7.9 kg)
Regulatory Approval	CE

FREEMOTION.

EPIC SELECTORIZED

TRICEPS EXTENSION

MODEL # **ES811**



CABLE STRENGTH EPIC SELECTORIZED

The EPIC Triceps Extension builds strength in the upper arms for activities that involve pushing movements. The angled back pad and arm rests isolate the triceps. A new, lower tower height promotes an open feel.



EPIC SELECTORIZED TRICEPS EXTENSION

PRODUCT FEATURES

LOW PROFILE TOWER DESIGN

The low profile tower works well with an open design floor plan and adds to the 'welcome' environment.

COMFORTABLE GRIP

Special molded handle grips are designed to fit the shape of your hand so you can focus on the workout.

MULTIPLE SEAT ADJUSTMENTS

Seat adjusts to multiple positions to accommodate users of all sizes.

BUILT-IN STORAGE

The redesigned top cap of this machine features a built-in accessory tray to help users keep track of their phone, keys and more.

SMALLER FOOTPRINT

The new EPIC Triceps has a smaller, narrower footprint to free up your square footage.

HEAVY DUTY CABLE

Heavy duty cable is designed to support the rigorous usage demands of this machine.

HEAVY DUTY FLOOR PROTECTORS

Made with molded rubber, the Freemotion floor guards help better protect your floor.

EASY SERVICEABILITY

The tower design allows for simple cable service.

WARRANTY US AND INTERNATIONAL

10 Years Frame | 3 Years Parts | 1 Year Cables and Labor | 120 Days Other

SPECIFICATIONS

Weight Stack	205 lbs (92.9 kg)
Resistance	205 lbs (92.9 kg)
Drop Down Weight	5 lbs (2.2 kg)
Weight Stack Configuration	10 lbs header (4.5 kg) 20-110 x 10 lbs (4.5 kg) 120-200 x 20 lbs (9 kg)
Standard Frame	Platinum Sparkle, Black River
Plastic Color	Black
Upholstery Color	Black
Product Dimensions (LxWxH)	40.5 x 50.6 x 57.8 in (102.8 x 128.5 x 146.8 cm)
Product Weight	605 lbs (233.8 kg)
Shipping Dimensions (LxWxH)	Box 1: 61.4 x 30.5 x 45.6 in (155.9 x 77.4 x 115.8 cm) Box 2: 28.7 x 14.9 x 5.9 in (72.8 x 37.8 x 14.9 cm)
Shipping Weight	Box 1: 672.4 lbs (305 kg) Box 2: 28.7 lbs (13 kg)
Regulatory Approval	CE

FREEMOTION.

EPIC SELECTORIZED

DIP-CHIN ASSIST

MODEL # ES812



CABLE STRENGTH EPIC SELECTORIZED

Dip, chin or pull up with assistance or more resistance on the EPIC Dip-Chin Assist by Freemotion. Go assisted or unassisted with a rugged, grip-coated platform that functionally trains the muscles in the back, upper arms and chest to build postural strength and endurance.



EPIC SELECTORIZED DIP-CHIN ASSIST

PRODUCT FEATURES

COMFORTABLE GRIP

Special molded handle grips are designed to fit the shape of your hand so you can focus on the workout.

FOOT PLATFORMS

Conveniently located to the sides (left and right) to facilitate easy on and off access to the product.

TEXTURED WEIGHT ASSIST BAR

The Line-X®-coated weight assist bar pivots up to create an assisted movement and firm foot placement.

SMALLER FOOTPRINT

The new EPIC Dip-Chin Assist has a smaller, narrower footprint to free up your square footage.

HEAVY DUTY CABLE

Heavy duty cable is designed to support the rigorous usage demands of this machine.

HEAVY DUTY FLOOR PROTECTORS

Made with molded rubber, the Freemotion floor guards help better protect your floor.

MULTI-POSITION HANDLES

Dip handles rotate for different widths while the curved pull-up handles create multiple hand positions.

EASY SERVICEABILITY

The tower design allows for simple cable service.

WARRANTY US AND INTERNATIONAL

10 Years Frame | 3 Years Parts | 1 Year Cables and Labor | 120 Days Other

SPECIFICATIONS

Weight Stack	225 lbs (115.6 kg)
Resistance	225 lbs (115.6 kg)
Drop Down Weight	5 lbs (2.2 kg)
Weight Stack Configuration	10 lbs header (4.5 kg) 20-170 x 10 lbs (4.5 kg) 180-220 x 20 lbs (9 kg)
Standard Frame	Platinum Sparkle, Black River
Plastic Color	Black
Upholstery Color	Black
Product Dimensions (LxWxH)	48.3 x 62.1 x 99.6 in (122.6 x 157.7 x 252.9 cm)
Product Weight	749.5 lbs (340 kg)
Shipping Dimensions (LxWxH)	101 x 30.3 x 48 in (256.5 x 76.9 x 121.9 cm)
Shipping Weight	902.5 lbs (409.3 kg)
Regulatory Approval	CE

FREEMOTION.

EPIC SELECTORIZED

CALF EXTENSION

MODEL # **ES813**



CABLE STRENGTH EPIC SELECTORIZED

The EPIC Calf Extension is welcoming to users of all shapes and sizes. The machine allows for greater isolation of the calf muscles, while helping build mobility. A new, lower tower height promotes an open feel.



EPIC SELECTORIZED CALF EXTENSION

PRODUCT FEATURES

LOW PROFILE TOWER DESIGN

The low profile tower works well with an open design floor plan and adds to the 'welcome' environment.

TEXTURED FOOT ASSEMBLY

Line-X® texturing on the foot assembly helps keep feet secure during the workout.

MULTIPLE SEAT ADJUSTMENTS

Seat adjusts to multiple positions to accommodate users of all sizes.

BUILT-IN STORAGE

The redesigned top cap of this machine features a built-in accessory tray to help users keep track of their phone, keys and more.

SMALLER FOOTPRINT

The new EPIC Calf Extension has a smaller, narrower footprint to free up your square footage.

HEAVY DUTY CABLE

Heavy duty cable is designed to support the rigorous usage demands of this machine.

HEAVY DUTY FLOOR PROTECTORS

Made with molded rubber, the Freemotion floor guards help better protect your floor.

EASY SERVICEABILITY

The tower design allows for simple cable service.

WARRANTY US AND INTERNATIONAL

10 Years Frame | 3 Years Parts | 1 Year Cables and Labor | 120 Days Other

SPECIFICATIONS

Weight Stack	375 lbs (170 kg)
Resistance	375 lbs (170 kg)
Drop Down Weight	5 lbs (2.2 kg)
Weight Stack Configuration	10 lbs header (4.5 kg) 20-190 x 10 lbs (4.5 kg) 200-370 20 lbs (9 kg)
Standard Frame	Platinum Sparkle, Black River
Plastic Color	Black
Upholstery Color	Black
Product Dimensions (LxWxH)	68.9 x 43.3 x 57.8 in (175 x 190.9 x 146.8 cm)
Product Weight	705.4 lbs (320 kg)
Shipping Dimensions (LxWxH)	Box 1: 74 x 37.4 x 44 in (187.9 x 94.9 x 111.7 cm) Box 2: 42.5 x 15.3 x 3.5 in (107.9 x 38.8 x 8.8 cm)
Shipping Weight	Box 1: 820.1 lbs (371.9 kg) Box 2: 20 lbs (9 kg)
Regulatory Approval	CE

FREEMOTION.

EPIC SELECTORIZED

PRONE LEG CURL

MODEL # **ES814**

CABLE STRENGTH EPIC SELECTORIZED

The Freemotion EPIC Prone Leg Curl enhances strength and muscle with a specialized, contoured arm that supports and isolates hamstrings. A new, lower tower height promotes an open feel.



EPIC SELECTORIZED PRONE LEG CURL

PRODUCT FEATURES

LOW PROFILE TOWER DESIGN

The low profile tower works well with an open design floor plan and adds to the 'welcome' environment.

ADJUSTABLE LEG ASSEMBLY

The leg assembly can be adjusted to several convenient positions.

CONTOURED ARM SUPPORTS

Designed for comfort and made to last, these arm supports help isolate the lower body

BUILT-IN STORAGE

The redesigned top cap of this machine features a built-in accessory tray to help users keep track of their phone, keys and more.

SMALLER FOOTPRINT

The new EPIC Prone Leg Curl has a smaller, narrower footprint to free up your square footage.

LARGE LEG PAD FOR EXTRA COMFORT

Designed for comfort and made to last, the large leg pad offers extra comfort while accommodating users of varying sizes.

HEAVY DUTY CABLE

Heavy duty cable is designed to support the rigorous usage demands of this machine.

HEAVY DUTY FLOOR PROTECTORS

Made with molded rubber, the Freemotion floor guards help better protect your floor.

EASY SERVICEABILITY

The tower design allows for simple cable service.

WARRANTY US AND INTERNATIONAL

10 Years Frame | 3 Years Parts | 1 Year Cables and Labor | 120 Days Other

SPECIFICATIONS

Weight Stack	195 lbs (88.4 kg)
Resistance	195 lbs (88.4 kg)
Misc Resistance	5 lbs (2.2 kg)
Weight Stack Configuration	10 lbs header (4.5 kg) 20-190 x 10 lbs (4.5 kg)
Standard Frame	Platinum Sparkle, Black River
Plastic Color	Black
Upholstery Color	Black
Product Dimensions (LxWxH)	53.4 x 66.4 x 57.8 in 135.6 x 168.6 x 146.8 cm
Product Weight	487.4 lbs (221.1 kg)
Shipping Dimensions (LxWxH)	Box 1: 75.9 x 27.1 x 40.9 in (192.7 x 68.8 x 103.8 cm) Box 2: 31.1 x 22.4 x 7.4 in (78.9 x 56.8 x 18.7 cm)
Shipping Weight	Box 1: 617.2 lbs (279.9 kg) Box 2: 22 lbs (9.9 kg)
Regulatory Approval	CE

FREEMOTION.

EPIC SELECTORIZED

BACK EXTENSION

MODEL # **ES815**



CABLE STRENGTH EPIC SELECTORIZED

Improving how users move in everyday life is what Freemotion is all about. The EPIC Back Extension builds stabilizer muscle strength along the spinal column to improve posture and reduce the chance of lower back injuries. Easy pin adjustments and plush pads create a comfortable, customized fit to develop vital back muscles that affect the entire body and overall balance. A new, lower tower height promotes an open feel.



EPIC SELECTORIZED BACK EXTENSION

PRODUCT FEATURES

LOW PROFILE TOWER DESIGN

The low profile tower works well with an open design floor plan and adds to the 'welcome' environment.

ADJUSTABLE BACK PAD

Back pad adjusts to multiple positions to accommodate users of all sizes.

TEXTURED FOOT PLATE

Line-X® texturing on the foot plate helps keep feet secure during the workout.

BUILT-IN STORAGE

The redesigned top cap of this machine features a built-in accessory tray to help users keep track of their phone, keys and more.

SMALLER FOOTPRINT

The new EPIC Back Extension has a smaller, narrower footprint to free up your square footage

ADJUSTABLE FOOT PLATE PLATFORM

Foot plate platform adjusts to multiple positions to fit users of all sizes.

HEAVY DUTY CABLE

Heavy duty cable is designed to support the rigorous usage demands of this machine.

HEAVY DUTY FLOOR PROTECTORS

Made with molded rubber, the Freemotion floor guards help better protect your floor.

EASY SERVICEABILITY

The tower design allows for simple cable service.

WARRANTY US AND INTERNATIONAL

10 Years Frame | 3 Years Parts | 1 Year Cables and Labor | 120 Days Other

SPECIFICATIONS

Weight Stack	265 lbs (120 kg)
Resistance	265 lbs (120 kg)
Drop Down Weight	5 lbs (2.2 kg)
Weight Stack Configuration	10 lbs header (4.5 kg) 20-130 x 10 lbs (4.5 kg) 140-260 x 20 lbs (9 kg)
Standard Frame	Platinum Sparkle, Black River
Plastic Color	Black
Upholstery Color	Black
Product Dimensions (LxWxH)	39 x 53.4 x 57.8 in (99 x 135.6 x 146.8 cm)
Product Weight	574.3 lbs (260.5 kg)
Shipping Dimensions (LxWxH)	Box 1: 89.7 x 29.9 x 44.8 in (227.8 x 75.9 x 113.7 cm) Box 2: 21.2 x 20 x 7 in (53.8 x 50.8 x 17.7 cm)
Shipping Weight	Box 1: 701.1 lbs (318 kg) Box 2: 15.4 lbs (6.9 kg)
Regulatory Approval	CE

FREEMOTION.

EPIC SELECTORIZED

LATERAL RAISE

MODEL # **ES816**



CABLE STRENGTH EPIC SELECTORIZED

The Freemotion EPIC Lateral Raise builds strength in the shoulders with arms that move independently to create single or dual exercises. Less time adjusting the fit on this machine means more time targeting coveted shoulder muscles to improve strength in everyday life. A new, lower tower height promotes an open feel.



EPIC SELECTORIZED LATERAL RAISE

PRODUCT FEATURES

LOW PROFILE TOWER DESIGN

The low profile tower works well with an open design floor plan and adds to the 'welcome' environment.

UNILATERAL ARM MOVEMENT

Handles move independently to create single or dual-arm exercises that build strength with balance and symmetry.

MOLDED ARM PADS

Contoured to fit the shape of the body, the machine's arm pad have been carefully molded to create a comfortable fit.

BUILT-IN STORAGE

The redesigned top cap of this machine features a built-in accessory tray to help users keep track of their phone, keys and more.

SMALLER FOOTPRINT

The new EPIC Lateral Raise has a smaller, narrower footprint to free up your square footage.

SWIVELING HANDLES

Handles swivel to accommodate users of various body types.

MULTIPLE SEAT ADJUSTMENTS

Seat adjusts to multiple positions to accommodate users of all sizes.

HEAVY DUTY CABLE

Heavy duty cable is designed to support the rigorous usage demands of this machine.

HEAVY DUTY FLOOR PROTECTORS

Made with molded rubber, the Freemotion floor guards help better protect your floor.

EASY SERVICEABILITY

The tower design allows for simple cable service.

WARRANTY US AND INTERNATIONAL

10 Years Frame | 3 Years Parts | 1 Year Cables and Labor | 120 Days Other

SPECIFICATIONS

Weight Stack	205 lbs (92.9 kg)
Resistance	205 lbs (92.9 kg)
Drop Down Weight	5 lbs (2.2 kg)
Weight Stack Configuration	10 lbs header (4.5 kg) 20-180 x 10 lbs (4.5 kg) 190-200 x 20 lbs (9 kg)
Standard Frame	Platinum Sparkle, Black River
Plastic Color	Black
Upholstery Color	Black
Product Dimensions (LxWxH)	33.4 x 45.3 x 57.8 in (84.8 x 115 x 146.8 cm)
Product Weight	440.9 lbs (200 kg)
Shipping Dimensions (LxWxH)	Box 1: 75 x 29 x 46 in (190.5 x 73.6 x 116.8 cm) Box 2: 20.2 x 15.3 x 5.9 in (51.3 x 38.8 x 14.9 cm)
Shipping Weight	Box 1: 545.8 lbs (248.5 kg) Box 2: 13 lbs (5.8 kg)
Regulatory Approval	CE

FREEMOTION.

EPIC SELECTORIZED

SEATED ROW

MODEL # **ES817**



CABLE STRENGTH EPIC SELECTORIZED

The EPIC Seated Row trains the back, shoulders, and arms to work together to enhance strength for sport-specific movements like kayaking and rock climbing. The arms move in a converging axis pattern, and allow for unilateral movements for increased muscle concentration. Textured foot grips keep feet in place, so users can grab hold of the pivoting handles and focus on the workout.



EPIC SELECTORIZED SEATED ROW

PRODUCT FEATURES

LOW PROFILE TOWER DESIGN

The low profile tower works well with an open design floor plan and adds to the 'welcome' environment.

UNILATERAL ARM MOVEMENT

Handles move independently to create single or dual-arm exercises that build strength with balance and symmetry.

FREEGRIP™ HANDLES WITH 360-DEGREE ROTATION

Freegrip™ handles swivel 360 degrees, while tilting vertically and horizontally, for a natural range of motion.

BUILT-IN STORAGE

The redesigned top cap of this machine features a built-in accessory tray to help users keep track of their phone, keys and more.

SMALLER FOOTPRINT

The new EPIC Seated Row has a smaller, narrower footprint to free up your square footage.

ADJUSTABLE CHEST PAD

Chest pad adjusts to multiple positions to accommodate users of all sizes.

MULTIPLE SEAT ADJUSTMENTS

Seat adjusts to multiple positions to accommodate users of all sizes.

HEAVY DUTY CABLE

Heavy duty cable is designed to support the rigorous usage demands of this machine.

HEAVY DUTY FLOOR PROTECTORS

Made with molded rubber, the FreeMotion floor guards help better protect your floor.

EASY SERVICEABILITY

The tower design allows for simple cable service.

WARRANTY US AND INTERNATIONAL

10 Years Frame | 3 Years Parts | 1 Year Cables and Labor | 120 Days Other

SPECIFICATIONS

Weight Stack	255 lbs (115.6 kg)
Resistance	255 lbs (115.6 kg)
Drop Down Weight	5 lbs (2.2 kg)
Weight Stack Configuration	10 lbs header (4.5 kg) 20-50 x 10 lbs (4.5 kg) 60-250 x 20 lbs (9 kg)
Standard Frame	Platinum Sparkle, Black River
Plastic Color	Black
Upholstery Color	Black
Product Dimensions (LxWxH)	39.7 x 69 x 57.8 in (100.8 x 175.2 x 146.8 cm)
Product Weight	573.2 lbs (260 kg)
Shipping Dimensions (LxWxH)	Box 1: 75.5 x 36.2 x 49 in (191.7 x 91.9 x 124.4 cm) Box 2: 23.6 x 12.6 x 3.9 in (59.9 x 32 x 9.9 cm)
Shipping Weight	Box 1: 692.4 lbs (314 kg) Box 2: 11 lbs (4.9 kg)
Regulatory Approval	CE

FREEMOTION.

EPIC SELECTORIZED

TORSO ROTATION

MODEL # **ES818**



CABLE STRENGTH EPIC SELECTORIZED

Give users the solid, core-blasting workout they want. The Freemotion EPIC Torso Rotation builds strength in the obliques and spine to grow core strength, stability and overall balance. Loaded with member conveniences such as quick pin adjustment, plush pads and a lower profile tower, this is an easy to clean machine with durable construction.



EPIC SELECTORIZED TORSO ROTATION

PRODUCT FEATURES

LOW PROFILE TOWER DESIGN

The low profile tower works well with an open design floor plan and adds to the 'welcome' environment.

TARGETED RESULTS

The fixed overhead cam is ideal for keeping the top half of the body in place while isolating torso movement.

MULTIPLE START POSITIONS

Designed with multiple start positions to accommodate users of varying sizes.

BUILT-IN STORAGE

The redesigned top cap of this machine features a built-in accessory tray to help users keep track of their phone, keys and more.

SMALLER FOOTPRINT

The new EPIC Torso Rotation has a smaller, narrower footprint to free up your square footage.

MULTIPLE SEAT ADJUSTMENTS

Seat adjusts to multiple positions to accommodate users of all sizes.

FEEL THE FORCE

This machine's leg pads were designed to withstand outward force, creating ideal workout conditions.

HEAVY DUTY CABLE

Heavy duty cable is designed to support the rigorous usage demands of this machine.

HEAVY DUTY FLOOR PROTECTORS

Made with molded rubber, the Freemotion floor guards help better protect your floor.

EASY SERVICEABILITY

The tower design allows for simple cable service.

WARRANTY US AND INTERNATIONAL

10 Years Frame | 3 Years Parts | 1 Year Cables and Labor | 120 Days Other

SPECIFICATIONS

Weight Stack	175 lb (79.37 kg)
Resistance	175 lb (79.37 kg)
Drop Down Weight	5 lb (2.2kg)
Weight Stack Configuration	10 lb header (4.5 kg) 20-170 x 10 lb (4.5 kg)
Standard Frame	Platinum Sparkle, Black River
Plastic Color	Black
Upholstery Color	Black
Product Dimensions (LxWxH)	60.5 x 47 x 79.2 in (153.6 x 119.3 x 201.1 cm)
Product Weight	573.2 lbs (260 kg)
Shipping Dimensions (LxWxH)	Box 1: 93 x 30.3 x 58 in (236.2 x 76.9 x 147.3 cm) Box 2: 31.1 x 20 x 3.5 in (78.9 x 50.8 x 8.8 cm)
Shipping Weight	Box 1: 684.5 lbs (310.4 kg) Box 2: 15.4 lbs (6.9 kg)
Regulatory Approval	CE

FREEMOTION

EPIC SELECTORIZED

ABDOMINAL CRUNCH

MODEL # **ES819**



CABLE STRENGTH EPIC SELECTORIZED

Two effective pivoting points, dense padding and skid-resistant foot rests make the Freemotion EPIC Abdominal Crunch different from other ab machines. The low tower height works well with the open design of your floor plan and adds to a 'welcome' environment. The water bottle holder, phone/key area and long-lasting hand grips are there for member convenience, while the extended length pin makes it easy to adjust weight settings when seated. The 4-bar linkage system provides a natural, full range of motion with gas-shock assisted handles to make the training experience easier and smoother.



EPIC SELECTORIZED ABDOMINAL CRUNCH

PRODUCT FEATURES

LOW PROFILE TOWER DESIGN

The low profile tower works well with an open design floor plan and adds to the 'welcome' environment.

CONTOURED SHOULDER PADS

Contoured and padded for comfort, the shoulder pad assembly features a gas-shock shoulder pad release for easy entry and exit of the machine.

PIVOTING SEAT BOTTOM

The seat bottom pivots upward, as the upper body pivots downward, to engage the abdominals through a natural range of motion.

BUILT-IN STORAGE

The redesigned top cap of this machine features a built-in accessory tray to help users keep track of their phone, keys and more.

SMALLER FOOTPRINT

The new EPIC Abdominal Crunch has a smaller, narrower footprint to free up your square footage.

CONTOURED SHIN PADS

Contoured shin pads help support and isolate the abdominals while also adjusting to accommodate users of varying sizes.

GAS SHOCK FOR SHOULDER PAD RELEASE

The shoulder pad assembly features a gas-shock shoulder pad release for easy entry and exit of the new EPIC Abdominal Crunch machine.

HEAVY DUTY CABLE

Heavy duty cable is designed to support the rigorous usage demands of this machine.

HEAVY DUTY FLOOR PROTECTORS

Made with molded rubber, the Freemotion floor guards help better protect your floor.

EASY SERVICEABILITY

The tower design allows for simple cable service.

WARRANTY US AND INTERNATIONAL

10 Years Frame | 3 Years Parts | 1 Year Cables and Labor | 120 Days Other

SPECIFICATIONS

Weight Stack	155 lbs (70.3 kg)
Resistance	155 lbs (70.3 kg)
Drop Down Weight	5 lbs (2.2 kg)
Weight Stack Configuration	10 lbs header (4.5 kg) 20-150 x 10 lbs (4.5 kg)
Standard Frame	Platinum Sparkle, Black River
Plastic Color	Black
Upholstery Color	Black
Product Dimensions (LxWxH)	47.4 x 40.5 x 57.8 in (120.3 x 102.8 x 146.8 cm)
Product Weight	440.9 lbs (200 kg)
Shipping Dimensions (LxWxH)	Box 1: 46 x 43 x 65 in (116.8 x 109.2 x 165.1 cm) Box 2: 30.3 x 16.5 x 6.8 in (76.9 x 41.9 x 17.2 cm)
Shipping Weight	Box 1: 569.8 lbs (258.4 kg) Box 2: 19.8 lbs (8.9 kg)
Regulatory Approval	CE

FREEMOTION.

EPIC SELECTORIZED

GLUTE

MODEL # **ES820**

CABLE STRENGTH EPIC SELECTORIZED

The Glute muscles are some of the most powerful muscles in the body and play a crucial role in performance, such as squats, lunges, deadlifts and other movements to reduce the risk of injury. The easy to adjust chest pad and start position allows users to personalize their workout.



EPIC SELECTORIZED GLUTE

PRODUCT FEATURES

LOW PROFILE TOWER DESIGN

The low profile tower works well with an open design floor plan and adds to the 'welcome' environment.

ADJUSTABLE TORSO PAD

Torso pad adjusts to multiple positions to accommodate users of all sizes.

LINEAR BEARING DESIGN FOR SMOOTH MOVEMENT

The linear bearings on this machine ensure smooth motion throughout the entire movement.

BUILT-IN STORAGE

The redesigned top cap of this machine features a built-in accessory tray to help users keep track of their phone, keys and more.

SMALLER FOOTPRINT

The new EPIC Glute has a smaller, narrower footprint to free up your square footage.

YOUR BEST FOOT FORWARD

With multiple foot positions, coated with Line-X Application, you can choose your perfect foot placement and stay locked in place.

COMFORTABLE GRIP

Special molded handle grips are designed to fit the shape of your hand so you can focus on the workout.

HEAVY DUTY CABLE

Heavy duty cable is designed to support the rigorous usage demands of this machine.

HEAVY DUTY FLOOR PROTECTORS

Made with molded rubber, the Freemotion floor guards help better protect your floor.

EASY SERVICEABILITY

The tower design allows for simple cable service.

WARRANTY US AND INTERNATIONAL

10 Years Frame | 3 Years Parts | 1 Year Cables and Labor | 120 Days Other

SPECIFICATIONS

Weight Stack	305 lbs (138.3 kg)
Resistance	305 lbs (138.3 kg)
Drop Down Weight	5 lbs (2.2 kg)
Weight Stack Configuration	10 lbs header (4.5 kg) 20-190 x 10 lbs (4.5 kg)
Standard Frame	Platinum Sparkle, Black River
Plastic Color	Black
Upholstery Color	Black
Product Dimensions (LxWxH)	72.8 x 31.9 x 57.8 in (184.9 x 81 x 146.8 cm)
Product Weight	604.9 lbs (274.4 kg)
Shipping Dimensions (LxWxH)	Box 1: 87.4 x 22.2 x 51.9 in (221.9 x 56.3 x 131.8 cm) Box 2: 21.6 x 7.1 x 6 in (54.8 x 18 x 15.2 cm)
Shipping Weight	BOX 1: 562 lbs (254.8 kg) BOX 2: 11 lbs (4.9 kg)
Regulatory Approval	CE